LEMON PASTA INFUSED WITH HERBS RIGHT OUT OF THE GARDEN {page 16}

REBOUND

CLOONEY LINKED TO FORMER WWE STAR {page 14}

VANCOUVER metro®

Monday, August 8, 2011
www.metronews.ca
News worth sharing.

©2011. Trademark of Kellogg Company used under licence by Kellogg Canada Inc.

Talk Na'vi to me

UBC professor studies the rise of the language invented for James Cameron's 2009 blockbuster movie Avatar ◐ Na'vi could surpass Klingon in usage

TERRIS SCHNEIDER
VANCOUVER@METRONEWS.CA

20TH CENTURY FOX/THE CANADIAN PRESS

▶ In this film publicity image released by 20th Century Fox, the character Neytiri, voiced by Zoe Saldana, and the character Jake, voiced by Sam Worthington, are shown in a scene from Avatar.

Na'vi, the invented language spoken by the blue-skinned aliens in the Hollywood blockbuster Avatar, is poised to surpass Klingon in terms of popularity, says a B.C. professor.

Christine Schreyer, an assistant professor of anthropology at UBC Okanagan, conducted a survey on the popularity of the Na'vi language around the world.

"Due to the fact that Klingon has been around for decades, more attention has been provided to (it)," said Schreyer.

"But Na'vi's growth has been exponentially faster than Klingon. For instance, there are translations of the Na'vi — English dictionary into eight other languages."

The survey, which began June 14 and wrapped up at the end of July, looked at ages, genders and nationalities of those who speak the language around the globe.

Schreyer received 120 responses in English and other languages such as Russian, Ukrainian, German, French, Hungarian and even Na'vi itself.

Paul Frommer, a retired Californian linguist who created Na'vi for Avatar, has emailed Schreyer with his support and requested to see the results.

He too wonders why the language has become so popular so quickly.

"It's been astonishing to me, the response that it's gotten, really, worldwide," said Frommer.

The survey also indicates that people who speak different root languages use Na'vi to communicate with each other.

Avatar is the highest-grossing movie of all time, earning $2.8 billion at the box office. Two sequels are in the works.

Local

China shines brightest

◐ Storm display wins Celebration of Light ◐ Alcohol still a concern for police at event {page 3}

TV pit stop

Watch out for Save-On-Meats appearance on Food Network {page 4}

London riots spread

Angry citizens, police clash following fatal shooting {page 5}

Why settle for old technology? Get LASIK!

Laser vision correction starting at
$490/eye*

LASIK MD VISION
FREE Consultation: 1-877-663-9888
www.lasikmd.com
NEW! SURREY: 10340 152nd Street
VANCOUVER: 1281 West Georgia Street, Suite 101
* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

Super fast. Super thin. Superphone.

Samsung GALAXY S II™ 4G

Introducing the new Samsung Galaxy S II™ 4G superphone. With a dual-core processor and blazing-fast speeds of up to 21 Mbps (expect average speeds of 3.5 – 8 Mbps),[1] you'll be able to surf, stream and share faster than you ever thought possible. It has a stunningly vivid, 4.3" Super AMOLED Plus screen, an 8MP camera and a 1080p camcorder. And all this is packed into a cutting-edge, ultra-slim design. There's never been a better time to get on the best network, with the largest 4G coverage and the fastest 4G speeds across Canada.[2]

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca

Bell being with Bell just got better

Available at the following Bell stores:

LOWER MAINLAND

ABBOTSFORD
- 31935 South Fraser Way
- Sevenoaks Shopping Centre

BURNABY
- Brentwood Town Centre
- Brentwood Town Centre (kiosk)
- Lougheed Town Centre
- Lougheed Town Centre (kiosk)
- Marine Way Market
- Metropolis at Metrotown

CHILLIWACK
- Cottonwood Mall

COQUITLAM
- Coquitlam Centre

CRANBROOK
- First Pro Cranbrook

DAWSON CREEK
- 600 113TH AVE
- Dawson Mall

DELTA
- Scottsdale Centre
- Sunshine Village

FORT ST. JOHN
- 7920 Alaska Rd.
- Totem Mall

LANGLEY
- Willowbrook Corner
- Willowbrook Mall

MAPLE RIDGE
- Haney Place Mall

NEW WESTMINSTER
- Queensborough Landing

PITT MEADOWS
- Meadowtown Centre

RICHMOND
- Aberdeen Centre
- Richmond Centre

SURREY
- 13630 -72 Ave.
- 8363 -128th St
- Clover Square Village
- Guildford Town Centre
- Nordel Crossing
- Panorama Village
- Semiahmoo Shopping Centre
- Surrey Central City Mall

VANCOUVER
- 567 Seymour St.
- 698 West Broadway
- 1008 West Georgia St.
- 1100 Robson St.
- 1588 West Broadway
- 2154 West 4th
- Capilano Mall
- Chinatown Plaza
- Lynn Valley Centre
- Oakridge Centre
- Pacific Centre
- Park Royal S.

OKANAGAN

CASTELGAR
- 635 Columbia Ave.

KAMLOOPS
- Aberdeen Mall
- Lansdowne Village

KELOWNA
- Dilworth Shopping Centre
- Orchard Park Shopping Centre

PENTICTON
- Peachtree Square

PRINCE GEORGE
- Pine Centre

QUESNEL
- 259 Reid St.

VERNON
- Village Green Mall

WILLIAMS LAKE
- Boitanio Mall

VANCOUVER ISLAND

NANAIMO
- Woodgrove Centre

VICTORIA
- Bay Centre
- Hillside Shopping Centre
- Mayfair Shopping Centre
- Westshore Town Centre

Also available at these retailers:

Best Buy mobile · Costco Wholesale · Future Shop · booth wireless · The Source · Visions · Wireless etc... · Wirelesswave

Available with compatible devices within network coverage areas available from Bell Mobility. Other conditions apply. (1) Actual speed may vary due to topography, environmental conditions, device type and other factors. HSPA+ not available in all areas. Bell.ca/network. (2) With compatible devices. Based on comparison of national networks: (a) fastest network in more places, according to tests of average upload and download speeds in large urban centres across Canada (b) largest network, based on total square kms of coverage, and (c) average call failure rate on par, based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ (4G) network available from Bell, vs. Rogers HSPA/HSPA+ network. Excludes roaming partners' HSPA and GSM/EDGE coverage in certain parts of Manitoba. Speed may vary due to topography, environmental conditions, device type and other factors. See bell.ca/network for details. Samsung Galaxy S II is a trademark of Samsung Electronics Co., Ltd., used in Canada under licence. Android and the Android Logo are trademarks of Google, Inc.

Fishing accident kills at least one

Search-and-rescue crews were unable to find a missing woman who was swept away in the Cheakamus River after a tragic accident during a fishing expedition on Saturday.

She is now presumed drowned. A male who tried to help her was found dead.

The man and woman were fishing with a guide along the river, about 20 kilometres south of Whistler, when the leisurely outing took a turn for the worse around 3:45 p.m.

"The woman fell into the river and was swept away," said Whistler RCMP Staff Sgt. Steve LeClair. "The man jumped into the water in an attempt to save her. The guide tried to follow them along the shore until they were out of sight and called 911."

A search-and-rescue team specializing in swiftwater rescue was assembled and scrambled to the scene via helicopter within half an hour.

The man was found face down in the water a fair distance away from the accident scene two hours later. LeClair said he was declared dead at the scene.

No trace of the woman had been found by nightfall, so the search was resumed yesterday. Given the rough river conditions and potential hazards, LeClair said searchers' optimism was tempered.

The search was eventually called off in the afternoon, with the woman presumed dead.

MATT KIELTYKA

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ The Burrard Street Bridge is seen in the foreground as fireworks from team China blast over the waters of English Bay during the Celebration of Light on Saturday, July 30.

China's lights outshine at fireworks festival

Celebration of Light a success, says project organizer But booze an issue as police pour out more than 1,200 drinks during final night

PHYLICIA TORREVILLAS
@METRONEWS.CA

Team China outshone its competition to win this year's Battle of the Champions.

The 2008 winner came back strong with its China Storm display inspired by the traditional Chinese calendar and a trip through the year of the rabbit.

"China deserved the win," said Celebration of Light producer Patrick Brault in a statement. "Their use of colour and choreography were simply flawless. The judges had a hard time deciding the winner because it was so close, but in the end it was a few points that made the difference."

Project manager Andrea Dowd-Dever said the well-behaved crowds, high quality displays of the competitors, and the addition of the bleacher seats in English Bay have helped make the annual event a successful one.

But Vancouver police said booze was still a major problem at the public event.

Const. Jana McGuinness said officers poured out more than 1,200 drinks on Saturday, 636 of which were thrown out in the downtown core alone.

Transit police, she added, poured out 565 drinks before they could be brought to the event. There were also 22 drug seizures and 13 weapons taken away from people in the crowd last night.

At least two boats were brought ashore for impaired operation. One boat was seized at the Rocky Point Marina safety checkpoint after police discovered it was stolen.

1 news

Self-proclaimed 'Spam King' of Facebook faces serious jail time. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Refine your palate with a beginner's guide to beer tasting. Video at metronews.ca

* ©2011, Trademark of Kellogg Company used under licence by Kellogg Canada Inc.

News in brief

Man killed outside Surrey home

Homicide investigators have a suspect in custody after a 53-year-old man was found dead outside a Surrey home. Police received an emergency call just after 2 a.m. yesterday and rushed to the 12100 block of 96A Avenue to find the victim dead of an apparent stabbing. A 38-year-old woman was arrested shortly after. METRO

TransLink expands service on Canada Line

Canada Line is adding more trains and extending the length of its peak-service hours by 90 minutes, TransLink announced yesterday.

According to spokesman Ken Hardie, peak service on Canada Line will begin half an hour earlier at 6:30 a.m. and will run an hour later to 7 p.m. Two trains will also be added for more frequent service. METRO

Cardiologist suspended for texts

A local cardiologist has been suspended for three months and fined $2,000 after admitting to sending inappropriate text messages to a patient last fall. Dr. Alnoor Hassanali Karim Abdulla, who operates a clinic on Davie Street, sent text messages to a patient after an appointment that demonstrated "a personal interest beyond a professional relationship," the College of Physicians and Surgeons of British Columbia said in a statement. PHYLICIA TORREVILLAS

Look for Fieri to drop in on Vancouver diner

Save-On-Meats to be profiled on Diners, Drive-Ins and Dives

TERRIS SCHNEIDER
VANCOUVER@METRONEWS.CA

Guy Fieri, host of the popular TV show Diners, Drive-Ins and Dives, aims to make a pit stop in Vancouver in the near future with his trademark enthusiasm for hearty, delicious food.

The first Canadian destination for the show will be at the reopened Save-On-Meats (43 West Hastings St.).

The show contacted owner Mark Brand directly after they heard about Brand's green project — a "food incubator" commercial kitchen for Downtown Eastside residents who have an idea for a product and need a helping hand.

"Fieri will be here and gone, and he likes to visit places that aren't mainstream," said Brand. "This is going to be wonderful for Vancouver."

Brand said he wasn't sure when the filming would take place or when the show is scheduled to air.

"There's a chance he might not come," said Brand, "but we're keeping our fingers crossed."

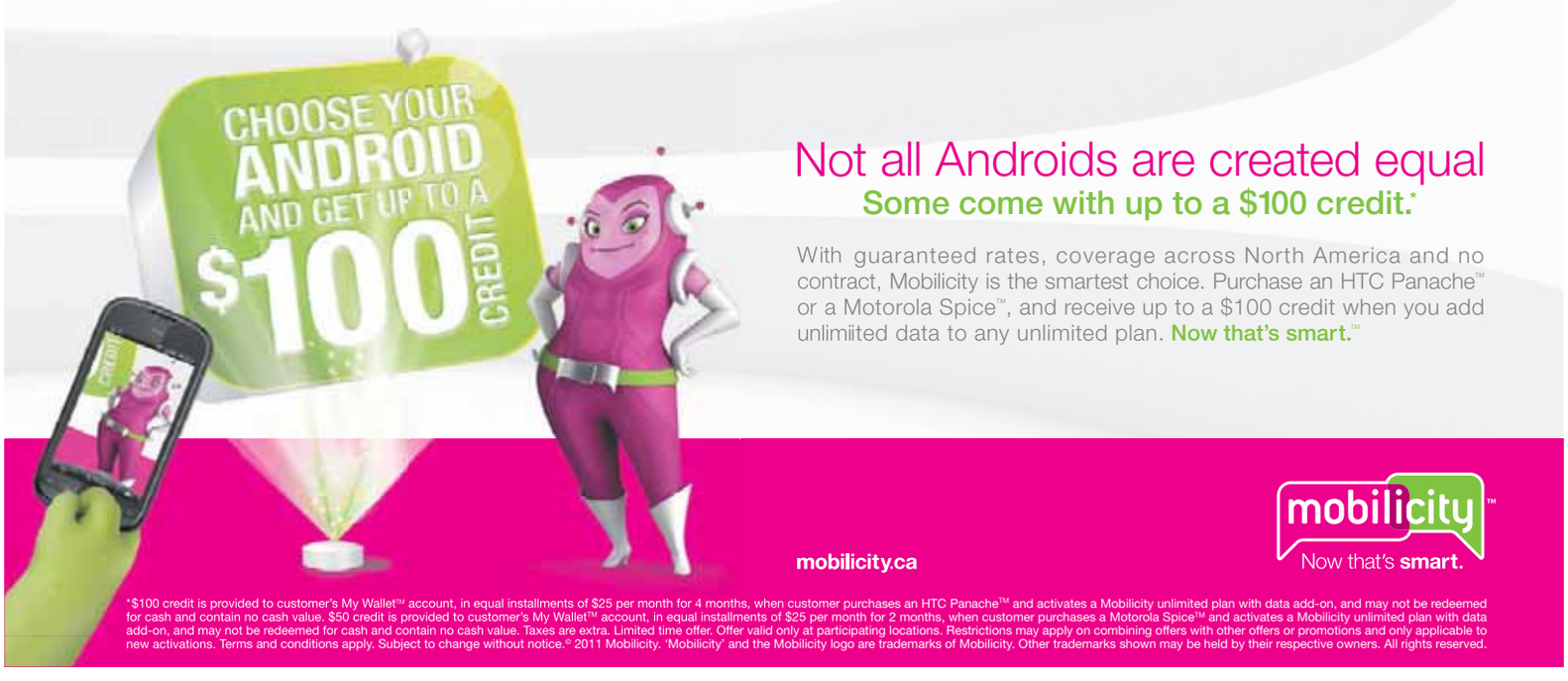
The new Save-On-Meats has a butcher shop and a diner with food starting as low as $1.50.

Brand also has plans for a meal program and linen facility for Downtown Eastside residents: Growing organic vegetables on the roof heated by cooking oil recycled from Brand's other restaurants (Boneta, Sea Monstr Sushi, The Diamond), and three hot houses.

TERRIS SCHNEIDER/FOR METRO

▶ Owner Mark Brand sits in the diner of the reopened Save-On-Meats. The diner will be visited by Guy Fieri to film an episode of Diners, Drive-Ins and Dives.

Brand employs about 80 people, all Downtown Eastside residents, and has gotten overwhelming positive feedback about the new Save-On-Meats.



Not all Androids are created equal
Some come with up to a $100 credit.*

With guaranteed rates, coverage across North America and no contract, Mobilicity is the smartest choice. Purchase an HTC Panache™ or a Motorola Spice™, and receive up to a $100 credit when you add unlimiited data to any unlimited plan. Now that's smart.™

mobilicity.ca

mobilicity™ Now that's smart.

*$100 credit is provided to customer's My Wallet™ account, in equal installments of $25 per month for 4 months, when customer purchases an HTC Panache™ and activates a Mobilicity unlimited plan with data add-on, and may not be redeemed for cash and contain no cash value. $50 credit is provided to customer's My Wallet™ account, in equal installments of $25 per month for 2 months, when customer purchases a Motorola Spice™ and activates a Mobilicity unlimited plan with data add-on, and may not be redeemed for cash and contain no cash value. Taxes are extra. Limited time offer. Offer valid only at participating locations. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Terms and conditions apply. Subject to change without notice.© 2011 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity Stores

Burnaby
Station Square, Unit 139
Crystal Mall, Unit 1639
Coquitlam
562 Clarke Rd, Unit E (at Como Lake)
Delta
8673 120th St, Unit B
Scottsdale Centre
New Westminster
555 6th St, Unit 135 (Westminster Centre)
1015 Columbia St, Unit 102
Richmond
8180 No 2 Rd, Unit 128
Aberdeen Mall
Admiralty Centre
Lansdowne Mall
Presidents Plaza
Surrey
Central City Mall
18640 Fraser Hwy, Unit 103
10255 King George Blvd
Guildford Place
Payal Business Centre
Vancouver
1641 Commercial Dr, Unit 105
568 Dunsmuir St
2390 East Hastings St
6330 Fraser St, Unit 105
8520 Granville St
1463 Kingsway Ave
3081 Main St
768 Robson St
526 West Broadway
Broadway & Commercial Skytrain Station
Harbour Centre
Tinseltown

Mobilicity In-Store Kiosk @ Money Mart

Vancouver
2595 Commercial Dr
1195 Davie St
952 Granville St
3398 Kingsway
New Westminster
329-389 Columbia St
Port Coquitlam
2831 Shaughnessy St

Authorized Dealers

Burnaby
Aproman: 4501 North Rd
Mobo Electronics: 1899 Rosser Ave
Coquitlam
Fone Eleven: Coquitlam Center
Langley
Cartel Classics: 20381 62nd Ave, Unit 202
H.S Mobile World & Electronics: 20477 Fraser Hwy
New Westminster
MVP Electronics: 807 Carnarvon St
North Vancouver
Wireless Accessories: Capilano Mall
Port Moody
iBay Communications: 2929 St. John St
Surrey
City Zone Mobile: 15277 - 100th Ave
Golden Star Video & Gifts: 9369 -120th St
Golden Wireless & Video: 589 128th St
Vantex Voice n View Solutions: 6911 King George Hwy
Xcellent Wireless: 9200- 120th St
Vancouver
Green Cartridge: 740 East Broadway
Leading Age Computers: 3399 Kingsway
Vancell Pairs: 3292 E29th St

Riots rage a second day in London

Looting, arson, violence in wake of fatal police shooting Saturday
North London area smoulders

Police deployed extra officers on London's streets yesterday to prevent a repeat of Saturday's violence in north London's Tottenham area, which appeared to be quiet last night.

But disturbances broke out in Enfield, about eight kilometres north of Tottenham. TV footage showed riot and mounted police patrolling the streets, and there were also images of smashed shop windows, and police with dogs detaining at least one man.

Social networking websites swirled with rumours of other riots beginning or being planned.

The violence has cast a pall over a city preparing to host the 2012 Olympic Games. **THE ASSOCIATED PRESS**

Saturday's rampage

- The protest against the death of Mark Duggan, a father of four who was gunned down in disputed circumstances Thursday, was initially peaceful.
- It got ugly as 300 to 500 people gathered around Tottenham's police station.
- Some protesters filled bottles with gasoline to throw at police lines, others confronted officers with makeshift weapons.
- Police in riot gear and on horseback clashed with hundreds of rioters, fires raged out of control and looters combed the area.
- Police said 26 officers were injured, and they made 55 arrests.

DAN KITWOOD/GETTY IMAGES

▶ A firefighter stands near the smouldering remains of a burnt-out building after riots on Tottenham High Road yesterday in London.

Bloodiest week in Syrian protests

Syrian troops fired on mourners at a funeral and raided an eastern city yesterday, killing at least 59 people in an intensifying government crackdown on protesters. Outrage was intensifying as well: Syria's Arab neighbours forcefully joined international condemnation against President Bashar Assad's regime for the first time.

Even the king of Saudi Arabia — whose country does not tolerate dissent and lent its military troops to repress anti-government protests in neighbouring Bahrain — harshly criticized the Syrian government and said he was recalling his ambassador in Damascus for consultations.

More than 300 people have died in the past week, the bloodiest in the five-month uprising against Assad's authoritarian rule, since the regime stepped-up the crackdown on the eve of Ramadan.

The government's crackdown on mostly peaceful, unarmed protesters demanding political reforms and an end to the Assad family's 40-year rule has left more than 1,700 dead since March, according to activists and human rights groups. Assad's regime disputes the toll and blames a foreign conspiracy for the unrest, which at times has brought hundreds of thousands of protesters into the streets.
THE ASSOCIATED PRESS

$50 Activation Bonus*
when you activate a mobile internet stick with us!
PEPPER WIRELESS
$0 The 3G Mobile Internet Stick
With 2-year Fido Agreement and Data Add-on
> Internet EVERYWHERE** with no need to find a hotspot!
> Speeds up to 21 Mbps!
> Enjoy 2 months of UNLIMITED DATA
fido
VISIT for store locations and online contests
facebook.com/fido.pepperwireless
Exclusive Dealer
fido

Canadian Breast Cancer Foundation
25 Years
CIBC
ANNE
Who are you running for?™
Brian's wife was diagnosed with breast cancer the day before their wedding.
Sunday, October 2, 2011
Walk, run and give generously.
Visit cbcf.org
Canadian Breast Cancer Foundation
CIBC Run for the Cure®

Catholics object to new law

Religious hospitals face rules forcing them to cover birth control

They defied the bishops to support U.S. President Barack Obama's health-care overhaul. Now Catholic hospitals are dismayed the law may force them to cover birth control free of charge to their employees.

A provision in the law expanded preventive health-care benefits for women, and the administration said last week that must include birth control with no copays. The Catholic Health Association says a proposed conscience exemption is so narrowly written it would apply only to houses of worship. Some other religious-based organizations agree.

However, polls show that Americans overwhelmingly support greater access to birth control. THE ASSOCIATED PRESS

WagJag.com DEAL OF THE DAY!

$27 FOR A HAIRCUT, STYLE AND CONDITIONING TREATMENT FROM SALON 5 SEVENTY (A $75 VALUE)

HIGHLIGHTS
- Full-service salon in Yaletown
- Hair professionals specializing in unique styles
- Using professional L'Oreal products

Buy For: $27
Regular Price: $75.00
You Save: $48.00
Discount: 64%

CURRENT DEALS

$13.42 FOR A 6X8 PHOTO BOOK FROM STAPLES COPY & PRINT CENTRE ($27.99 VALUE)
HIGHLIGHTS
- 20-page book (add up to 6 more pages for 99 cents each)
- Easy-to-use online application
- Professionally bound
- Heavy weight paper, matte finish
- Pick up at any Staples Copy & Print Centre in Canada

Buy For: $13.42

$25 FOR $50 TOWARDS STYLING TOOLS, HAIR CARE PRODUCTS AND MORE AT HAIR2GROW.CA
HIGHLIGHTS
- Featuring the Trioxinator hair loss reduction tool
- Professional grade hot styling tools
- Hair care and beauty products

Buy For: $25

Visit: WagJag.com
Hurry to WagJag.com to purchase local deals before time runs out.
Don't quite get it yet? Visit WagJag.com
Follow us on:
facebook.com/wagjag
@wagjagvancouver

Flying. Machines

▶ A competitor falls into the Moskva River during the Red Bull Flugtag Moscow 2011 competition yesterday.

MIKHAIL METZEL/THE ASSOCIATED PRESS

Taking a quack at flight

The Red Bull Flugtag Moscow 2011 competition, which happened in the Russian capital yesterday, challenged teams of everyday people to build home-made, human-powered flying machines and pilot them off a nine-metre-high deck in hopes of achieving flight. "Flugtag" means "flying day."

The Bloodmobile in your neighbourhood:

LONDON DRUGS
AUGUST 8
7280 MARKET CROSSING (MARINE WAY & BYRNE), BURNABY
10:00 am - 4:15 pm

FIND OUT HOW YOUR ORGANIZATION CAN HOST AN EVENT!
CALL 1-888-236-6283!

1 888 2 DONATE (1-888-236-6283)

RBC Foundation | Canadian Blood Services It's in you to give | metro

RESEARCH STUDY
DO YOU HAVE ARTHRITIS? ARE YOU EMPLOYED?

WE NEED YOUR HELP!

We are looking for adults aged 25 - 65 who have arthritis and are currently employed to complete a short research questionnaire and telephone interview.

For information about this important research, please call Jessi at the Arthritis Community Research & Evaluation Unit (ACREU), University Health Network.

Toll Free: 1-866-724-0003

ACREU | University Health Network

ADRIAN WYLD/THE CANADIAN PRESS

▶ Stephen Harper departs yesterday for a six-day tour of Central and South America.

PM on tour to talk trade

Stops in Brazil, Colombia, Costa Rica and Honduras

Prime Minister Stephen Harper left yesterday on a six-day swing through Latin America — first stop, Brazil, the world's seventh-largest economy. Harper's main goal is to boost trade between that country and Canada, but he will also talk about regional security.

Harper is trying to cement trade ties with Latin America and the Caribbean. An April 2009 diplomatic cable from the U.S. embassy in Ottawa, published by WikiLeaks, suggests Harper believes Canada could hold more sway with the U.S. if, like Australia, his country had strong relations with other nations in the region.

"PM Harper hoped to gain similar benefits for Canada by increased attention to Latin America and the Caribbean," the cable says. THE CANADIAN PRESS

Bond scheme to aid Italy, Spain

The European Central Bank says it will "actively implement" a bond-purchase program that could boost Spanish and Italian bonds and drive down interest yields that threaten the countries' budgets.

The move, though risky, could help Rome and Madrid fend off market trouble until a eurozone bailout fund is approved to help them. Italy and Spain are trying to avoid financial collapses like those that have forced Greece, Ireland and Portugal to seek international bailout loans.

Responding to market pressure, Italian Prime Minister Silvio Berlusconi promised on Friday to balance the country's budget by 2013, a year early, and to bring forward a constitutional amendment requiring the government to balance its budget.

German Chancellor Angela Merkel and French President Nicolas Sarkozy praised reform efforts by Italy and Spain, but also urged "complete and speedy implementation." THE ASSOCIATED PRESS

120

Italy has debt equivalent to 120 per cent of economic output, the second highest in the eurozone behind Greece, and weak prospects for economic growth.

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
- 217.96 (12,162.17)	+ 0.15¢ (102.24¢ US)	+ 25¢ US ($86.88 US)	$3.956 (+ 1.5¢) Gold contract $1,651.80 (- $7.20)

DRAMA. SUSPENSE. COMEDY.
Visit metronews.ca to watch metrotube
The video everyone's talking about.

MoneyProvider.com
$500 Loan and more
Fast, easy and secure
No credit refused
1-877-776-1660
www.moneyprovider.com

IT is your life
NOW HERE'S HOW TO MAKE IT YOUR CAREER...
NETWORK SYSTEMS ENGINEER
With the new NETWORK SYSTEMS ENGINEER program at CDI College, you can train for an exciting CAREER in Information Technology in just over 1 YEAR!
CompTIA A+, Network+, Security+
Cisco Certified Network Associate (CCNA)
Microsoft Certified Technology Specialist (MCTS)
Microsoft Certified IT Professional (MCITP)
*Number of industry certifications varies by program
AND CHECK OUT THESE OTHER NEW IT PROGRAMS AT CDI COLLEGE:
COMPUTER SUPPORT TECHNICIAN
NETWORK SYSTEMS ADMINISTRATOR
NETWORK & DATABASE ADMININSTRATOR
CLASSES START SOON
CALL: 1.888.654.4179
or VISIT: van.cdicollege.ca
CDI college
"I Was Made For IT" Contest
Tell us how IT can transform the workplace and you could win one of seven Future Shop gift cards! First 50 people to enter will also receive an IT-themed T-shirt!
Find out more at Facebook.com/CDICollege | Twitter.com/CDICollege

comwave

LONG DISTANCE

LOWEST RATES TO THE WHOLE WORLD GUARANTEED!

Make long distance calls from your home or cell phone!

from 3.9 ¢/min	from 5.9 ¢/min	1.9 ¢/min	7.9 ¢/min
Bangladesh	Iran	Romania	Ukraine

Australia	1.9 ¢/min	Pakistan	5.9 ¢/min
Bosnia	13.9 ¢/min	Philippines	11.9 ¢/min
China	1.9 ¢/min	Poland	1.9 ¢/min
Colombia	from 3.9 ¢/min	Russia	from 1.9 ¢/min
Cuba	89.9 ¢/min	South Korea	2.9 ¢/min
El Salvador	9.9 ¢/min	Sri Lanka	9.9 ¢/min
Germany	1.9 ¢/min	Trinidad	4.9 ¢/min
India	2.9 ¢/min	U.A.E	14.9 ¢/min
Israel	1.9 ¢/min	U.K	2.9 ¢/min
Italy	1.9 ¢/min	Vietnam	4.9 ¢/min
Lebanon	7.9 ¢/min	Serbia	7.9 ¢/min
Mexico	from 1.9 ¢/min		

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

Unlimited Canada

$5 /month

Unlimited Calling to Anywhere in

CANADA

Available on your home or cell phone.

1cent to India

1¢ /MIN

Calling India at only 1 cent per minute. (Land and mobile included).

$10 /month 1000 Minutes per Month =1¢

comwave

1-866-769-9601

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The India 1000 Bundle carries a monthly fee of $2.95. Bundles cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Minutes in excess of 1000 minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.net for details.

comwave

HOME PHONE LINE

UNLIMITED
WORLDWIDE CALLING INCLUDING
INDIA & 50+ COUNTRIES

Limited Time Offer

$29.95 /month

You're going to love the quality!

Unlimited Calling to
India & 50+ Countries

All Features FREE

- Voice Mail
- Call Waiting
- Caller ID
- Call Forwarding
- 3 Way Calling
- and much more...

Satisfaction Guaranteed!

6 MONTHS FREE

comwave **1-866-769-9601**

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The 6 Month Free Promotion and the rate of $29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive 6 months free service if you transfer your phone number from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.comwave.ca for details.

ALL ABOARD THE HEEL-TOE EXPRESS

URBAN COMPASS

PAUL SULLIVAN
METRO VANCOUVER

What's next?

I'm starting to wonder if Gregor Robertson and his Moonbeam Team at Vision Vancouver are putting us on.

If you missed it the other day, he revealed Vancouver's surefire answer to traffic gridlock: Walk, people.

Here's what he said: "Walking is the top priority in the city's transportation plan, and it's important that we improve the safety and comfort of our streets and sidewalks for pedestrians."

And to prove he means it, he reduced the speed limit on Hastings Street on the Downtown Eastside to 30 km/h in order to accommodate the substance-addled jaywalkers who wander into traffic in a determined effort to get to the other side, come what may.

Vancouver police, who must think city hall has been taken over by Martians, oppose the idea because the mayor has effectively endorsed jaywalking. He's at least levelled the playing field, slowing traffic down to a crawl with a combination of ill-considered bike barricades and reductions in speed limits.

"It all fits into the mayor's scheme to take the city back to a less complicated time when folks grew wheat on the front lawns and raised chickens in the back, walked to the village and ate only home-grown vegetables because that's all they could get and liked it, dammit."

It all fits into the mayor's scheme to take the city back to a less complicated time when folks grew wheat on the front lawns and raised chickens in the back, walked to the village and ate only home-grown vegetables because that's all they could get and liked it, dammit.

Nobody ever said Vision Vancouver meant "forward," did they?

It's starting to dawn on the good people that the mayor is feverishly constructing a 17th-century theme park formerly known as Vancouver, complete with drunken feast days (e.g., the Stanley Cup, er, event), and they're freaking out. The most recent poll shows a 14-point drop in Vision popularity. The good old NPA, decimated in the last wave of Gregormania, is undead and breathing down the mayor's neck.

People who try to be "decent" and "law-abiding," or at least try to get to work on time are increasingly discouraged by Vision's callous disregard for their priorities in favour of those who don't.

No one wants to see drug-addicted or mentally ill people endangered. No one wants cyclists to ride in peril.

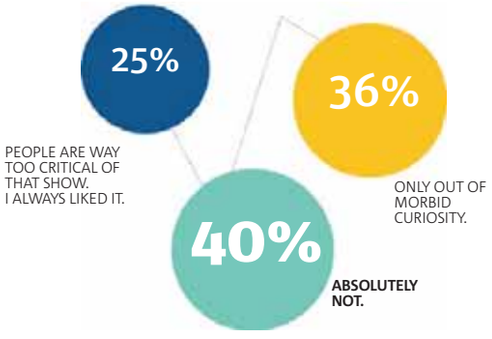
But unlike the baby toads that are jay-hopping across the roads en masse in Chilliwack, human traffic has evolved the capacity to work together to ensure we all get there in safety and comfort.

And when the mayor has tunnel vision, he's no help. We're all holding our breath waiting for the next breathless Vision. How about chicken crossings on Broadway?

After all, they want to get to the other side, too.

Metropolitan Panel
Register at metropolitanpanel.ca and take the quick poll

Will you be watching the Ashton Kutcher-led Two & A Half Men?



Local tweets

- **@ianjl:** All checked in at #siggraph. I have my badge, speaker ribbon, and practice talk time. Now just enjoying the #yvr view at convention centre
- **@leftcoastcanuck:** Without fail, everytime I pass #BCPlace (#OptikPark ?), it's looking more & more beautiful. Can't wait for my first #BCLions & 'Caps games!
- **@Zaraisrad:** :(Team China won the Celebration of Light? I thought Team Canada was much better. I'm a little annoyed now, #vancouver!
- **@big_shania_fans:** #vancouver beaches #impressmemuch! Tell us What "impressed you much" this weekend using #impressmemuch! #shania #bc #YYC
- **@magnolia_fan:** This will surely be an amazing week, I envy everyone at #Vancouver attending #SIGGRAPH, have a great time and post pictures!!!
- **@mar89:** Cruising through #Vancouver listening to great road tunes with my hair flapping in the wind. #ilovethiscity.
- **@jrokbrown:** #England still recovering from yesterdays riots, #Vancouver still trying to figure out what championships were played in #London yesterday

Worth Mentioning

STEM CELLS. A team of scientists has reported producing viable sperm using the stem cells of mice in an experiment that researchers hope could one day lead to treating infertile men.

The Kyoto University researchers managed to induce mice stem cells into creating sperm precursors, which were transplanted into infertile male mice. The mice then produced sperm that was successfully used to fertilize eggs in a lab dish.

The offspring were healthy and fertile, according to a paper published online in the scientific journal Cell.

Members of the research team, led by Mitinori Saitou, said they believe their success may help in the development of infertility treatments in humans.

Experts outside the group say it's an important first step toward infertility treatment, although there would be a long way yet to go.

"This is a very good experiment for thinking about treatment of infertile man but a very, very long way," said Toshio Suda, developmental biology professor at Keio University.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder

WEIRD NEWS

Off-the-rack performance enhancement?

Baseball seems to have come through its Steroid Era and is now apparently trying to avoid a Mammal Era.

Officials have warned players in both the major and minor leagues to stop using deer antler spray because it could be construed as a performance-enhancing drug.

The substance is taken from the antlers of young deer, ground up and manufactured into a spray which is ingested under the tongue.

According to Sports Illustrated, the velvet from young deer antlers contains an "insulin-like growth factor, which mediates the level of human growth hormone in the body."

IGF-1 has been banned by, among other groups, the World Anti-Doping Agency because one of its uses is to build muscle and cut fat.

Major league baseball, with a recent history tainted by tawdry stories of hitters and pitchers juicing to become stronger and faster, banned one specific brand because, according to Sports Illustrated's report, it has "potentially contaminated nutritional supplements," namely methyltestosterone, a banned steroid.

TORSTAR NEWS SERVICE

metro
METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax:604-648-3222 • Advertising number: 604-602-1002 • metronews.ca/vancouver/advertise • metronews.ca/vancouver/contactus • **Publisher** Maryse Lalonde, **Managing Editor** Jeff Hodson, **Distribution Manager** George Acimovic • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

HANDOUT

▶ Bryce Dallas Howard, seated centre, stars in The Help.

Howard needs no help

Despite her famous roots, Bryce Dallas Howard remains down to earth
Actress plays wealthy Mississippi socialite Hilly Holbrook in The Help

RICHARD CROUSE
SCENE@METRONEWS.CA

At the beginning of my interview with Bryce Dallas Howard she does something I've never experienced before in a celebrity sit-down. Curled up on a couch in Toronto's Park Hyatt Hotel, the four-and-a-half month pregnant star of The Help does something really un-celebrity-like — she offers to hold the microphone I'm using to record our chat.

It's a small thing, but it goes a long way to creating a portrait of the down-to-earth Golden Globe nominee, who is best known for roles in blockbusters like Spider-Man 3, The Twilight Saga: Eclipse and Terminator Salvation.

Surrounded by celebrity from birth — her father is TV icon Ron Howard — she has observed stardom up close and has strong opinions about fame.

"It's weird that we expect celebrities to behave like they're so entitled," she says. "I think it's because a lot of celebrities do, and that's just absurd."

This is coming from someone whose godfather is Henry Winkler, who once had Tom Cruise as a babysitter and first acted at age seven as an extra in one of her dad's movies.

"I've always been kind of fascinated by that subject because while I have closely observed celebrity I have always felt apart from it because I was raised outside of Hollywood," she says.

"Recently because of reality television the notion of celebrity and what people are famous for is changing," she adds.

I mention stars that parlay sex tapes into a showbiz career and she nods.

"I think unfortunately that is defining our time. I've never actually had this thought before, but I think it would be interesting to look back in history and see who the most iconic individuals of that time period were and then look at now, and perhaps be a little bit horrified."

When I ask if fame is important to her personally she is quick to answer.

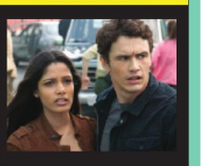
"No. Not at all. One of the things I feel most grateful for is that I don't live the life of a famous person."

Howard on Holbrook

▶ "She's an adult woman who is still behaving as though she's in high school. I think that at that time women didn't have that much power so that dynamic was very present because that was a way in which women kept control in society, whereas now it's much different and those kind of women don't need to act out in that sort of way."

2 scene

Box office



Apes have climbed to the top rung of the weekend box office. According to studio estimates Sunday, Rise of the Planet of the Apes took in $54 million to open as the No. 1 movie. That was more than analysts expected for the Apes prequel, though well below the $68.5 million opening of Tim Burton's Planet of the Apes remake.
THE ASSOCIATED PRESS

Scan this code to find out if The Twilight Saga once again clawed the competition at last night's Teen Choice Awards.

Call Canada, U.S. India, and China
$1 unlimited minutes per call
Scan with your mobile application for more rates. Or visit www.telehop.com/1010620
Simply dial
10-10-620
+ (011 or 1) + the Number
No need to switch phone companies and charges will appear on your current bill.
www.telehop.com | 1•888•882•8056 | Telehop™ 10-10-620
Based on average residential usage. Calls to cell phones may be at a different rate. Rates subject to change without notice. Terms and conditions apply, please see website for details.
393

The return of the supergroup

When big-name musicians join forces in a band, the result can be 'irresistible'

MEREDITH ENGEL
METRO NEW YORK
SCENE@METRONEWS.CA

At first glance, Mick Jagger, New Kids on the Block and Ben Harper may not appear to have much in common, but in fact, they have lately been making music bigger than their own. All three have recently joined supergroups, bands comprising members from other already established acts.

"Music has gotten so compartmentalized and put into genres," says guitarist Dave Stewart, who is best known as the guitarist for the Eurythmics, and now as part of SuperHeavy, a supergroup that includes him, Mick Jagger, Joss Stone, Damian Marley and A.R. Rahman.

"Mick was saying we'll go into the iTunes library as 'unclassifiable.'"

Paul Levinson, professor of communication and media studies at Fordham University in New York, says putting dominant personalities from various groups will always be exciting for audiences.

"Fans very often love one or two members of a group more than the others, and when those members from different groups get together and form one supergroup, it's almost irresistible," he says.

"Backstreet Boys and New Kids on the Block — that was a marriage made in heaven"
LOU PEARLMAN, FOUNDER OF THE BACKSTREET BOYS

Stewart says one element that makes SuperHeavy work is that the members come from such diverse backgrounds. But how about if you form a supergroup based on acts who are influenced by each other?

Metro spoke with Lou Pearlman, founder of the Backstreet Boys. Currently serving up to 25 years in a Texas prison for running a Ponzi scheme that denied investors of $300 million, he seemed happy to talk.

"Backstreet Boys and New Kids on the Block — that was a marriage made in heaven," he says. "Backstreet Boys tailored themselves to the New Kids' style when I was helping to get it all together. … Not in every group does everybody shine to be, say, the heartthrob, but there's always one, the quirky one, or there's one that's the very musically talented one or the great singer or things like that, and you take those key people, put them together and join it and you forge a new group — and that's how you make a supergroup."

Stewart says there's one important rule when you're a part of a supergroup.

"Everybody's got to check their egos at the door," he says.

"That's partly why people like it, because it's like, 'Oh good. I don't have to be in charge.'"

GETTY IMAGES

▶ The Backstreet Boys — a supergroup of the past.

Timeline

Super moments in supergroup history

1956
▶ Elvis Presley, Johnny Cash, Carl Perkins and Jerry Lee Lewis start the bidding with the Million Dollar Quartet.

1968
▶ Crosby Stills, Nash & Young combine members of the Byrds, Buffalo Springfield and the Hollies.

1969
▶ Blind Faith features Eric Clapton and Ginger Baker from Cream, along with Steve Winwood.

1988
▶ Traveling Wilburys are Bob Dylan, George Harrison, Tom Petty, Roy Orbison and Jeff Lynne.

2002
▶ Slash puts together Velvet Revolver, including Weiland from Stone Temple Pilots.

2009
▶ Them Crooked Vultures: John Paul Jones of Led Zeppelin, Dave Grohl of Foo Fighters and Josh Homme of Queens of the Stone Age.

TRY TELEHOP RISK FREE
Bonus 2000 Minutes
to Canada and U.S. for 6 months
Quote Promo Code: SUMMER1
SIGN UP NOW
1·888·823·8283
$36.98* per month
Home Phone
8 Calling Features Included
+
High Speed Cable Internet
300GB Bandwidth Limit
www.telehop.com | Telehop™ Satisfaction is Everything
Scan with your mobile application to sign up today
Or visit
www.telehop.com/internet
828
Terms and conditions apply. *Taxes extra. 2 year commitment required for $8.99 Home Phone Basic Plan. Price subject to change without notice. High Speed Cable Internet service available in certain cities in the GTA only. Please see website for details. If you are not satisfied with your home phone or internet service, you may cancel the service anytime within 30 days and will not be charged the monthly fee. SUMMER1 promo code is valid when you sign up for any Telehop Home Phone plan. Code valid from June 23, 2011 and expires on August 31, 2011. May not be combined with any other offer.

Ten years gone

After a decade together, Juno-winning rockers Alexisonfire break up, say split is 'not really' amicable

DARREN CALABRESE/THE CANADIAN PRESS

▶ Alexisonfire is splitting up after two members decided to leave the group.

Juno Award-winning post-hardcore rockers Alexisonfire are splitting up after two members decided to leave the group in a break-up that frontman George Pettit says is "not really" amicable.

The St. Catharines, Ont., band announced their decision in a lengthy note posted to their website, written by Pettit.

"After 10 years, Alexisonfire has decided to part ways," he wrote. "Was the break-up amicable? Not really. Was it necessary? Probably.

"Regardless, the members of this band are my family and I wish them nothing but good fortune."

The band issued its self-titled debut album in 2002, and followed up with 2004's platinum-selling breakthrough Watch Out, a moody fusion of emo, metal and hardcore that won the group a passionate mass audience who identified with their searching, angst-ridden lyrics.

Farewell tour?

▶ Alexisonfire frontman George Pettit said that the band has talked about releasing projects relating to their 10th anniversary, and that a farewell tour through Canada had also been discussed.

The group's third album — 2006's Crisis — opened in the top spot on the Canadian charts en route to platinum sales, while '09's Old Crows/Young Cardinals — which could now stand as their final full-length — opened at No. 2 and also sold briskly.

But as the band was gathering commercial and critical steam, singer/guitarist Dallas Green was winning just as much acclaim with his solo project, City and Colour.

Beginning with 2005's platinum-selling Sometimes, Green's project — which earned the tattooed crooner two Junos separate from his work in Alexisonfire — also picked up momentum with each passing album. His third album, Little Hell, debuted at No. 1 on the Canadian charts when it was released in June and has reached as high as the 28th spot on the U.S. Billboard chart.

And Pettit said that Green privately revealed his intention to leave Alexisonfire almost a year ago due to the burgeoning success of City and Colour.

"Trying to balance his life between touring with us and at the same time quelling the success of City and Colour was a task too difficult to continue managing," Pettit wrote.

"He informed us he wanted to focus his efforts on City and Colour."

At that point, Pettit said, the band planned to soldier ahead by finding a replacement for Green. But then guitarist Wade MacNeil accepted an offer more recently to also depart Alexisonfire for another band, and at that point, the group decided to dissolve completely.

"Replacing one guitar player/singer/writer was something we thought was possible, but replacing two would run the serious risk of perverting the legacy of what we had achieved," Pettit said. "So we all took a good hard swallow and decided to end it so it would never get old and ugly."

THE CANADIAN PRESS

Death Cab flirts with disaster

LINDA LABAN
SCENE@METRONEWS.CA

GETTY IMAGES

▶ Ben Gibbard

Ben Gibbard is relaxing at home in Los Angeles in between touring bouts for Death Cab for Cutie's liltingly lovely (with the odd spot of trademark anxiousness) indie rock album, Codes and Keys. The break is not without incident, though.

As Gibbard puts it, "It was punctuated by the odd show in Ottawa that didn't happen."

That's right: the show where the stage collapsed as Cheap Trick played.

"We were supposed to be playing after Cheap Trick," continues Gibbard, who married actress and chanteuse Zooey Deschanel in 2010 and moved from his native state, Washington, to L.A.

"We were 30 yards away when the stage collapsed; it happened right in front of us. It was absolutely terrifying.

"It's an unfortunate analogy that gets made at this point in our society whenever you see something unbelievable. But it was like watching a disaster movie. It was like watching a terrible movie. I was actually wondering this morning: If it were the 18th century, how would you describe it to a friend?

"Would you say it was like a disaster play? Like before TV, would it be a disaster novel?"

Perhaps the viewer would be inspired to write an account? Perhaps turn it into song (hint, hint)?

"That's probably what would happen," he agrees. "Someone would actually pick up a pen and write very eloquently about it."

No future, but plenty of the past

Punk rockers once wanted to smash the state. Now they're helping preserve stately homes.

The National Trust charity, which oversees Britain's castles and historic houses, has released a fundraising album of punk classics.

Never Mind the Dovecotes — a play on the title of the Sex Pistols album Never Mind the Bollocks — includes tracks by the Pistols and other vintage noise merchants, including GBH, Siouxsie and the Banshees and X-Ray Spex.

The album will sit alongside jars of jam in gift shops at the Trust's 300 properties, which range from Roman-era structures like Hadrian's Wall to ruined abbeys, medieval castles, grand country mansions and Victorian pubs. The album is a collaboration between the trust and Decca Records. THE ASSOCIATED PRESS

WALT DISNEY STUDIOS INVITES YOU TO ENTER TO
WIN A BLU-RAY™ AND DVD COMBO PACK OF MARS NEEDS MOMS!
MARS NEEDS MOMS
AVAILABLE IN STORES AUGUST 9
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

FRIGHT NIGHT
IN THEATRES AUGUST 19TH
YOU COULD
WIN AN ADVANCE SCREENING PASS FOR TWO TO SEE FRIGHT NIGHT!
VISIT clubmetro.com TO ENTER
www.welcometofrightnight.com
To register and for full contest details visit clubmetro.com

Hot ex-wrestler pins down George Clooney

From brunette to blonde: One of Hollywood's most eligible bachelors rebounds nicely Pair plans to keep relationship private, says source

ALL PHOTOS GETTY IMAGES

▶ Stacy Keibler

▶ George Clooney

George Clooney is reportedly rebounding from Elisabetta Canalis with ex-wrestler Stacy Keibler, according to Us Weekly.

"It's more than just a fling," a source says of the pair, who have known each other for about four years.

"They're basically exclusive at this point. They like each other's sense of humour. Obviously they're both physically attracted to one another."

But the new couple apparently plans to keep things private when it comes to their relationship.

"I don't see her hitting any of the red carpets with him," the source adds.

METRO

▶ Denise Richards

'I did not steal someone's husband': Denise Richards

Denise Richards is using the press tour for her new memoir, the Real Girl Next Door, to clear up a few things about her past relationships — specifically, that she did not steal Richie Sambora from Heather Locklear.

Richards says that she and Sambora "were friends and we were both going through divorces, and that's what drew us to each other," according to Hollyscoop. "I did not steal someone's husband. Did I date a former friend's ex-husband? Yes. Did I break up a marriage? No."

Richards started dating Sambora shortly after he divorced Locklear. And besides, Richards insists there was no friendship with Locklear to ruin at the time. "If I was still friends with her, that never would have happened with Richie," she says. "There was no friendship anymore prior to Richie and I getting together." METRO

Amy's legacy goes beyond her music

▶ Amy Winehouse

Amy Winehouse's family is reportedly planning to turn her home into a rehab centre, according to the Sun.

"They don't want to rent it out and if they sold it they think it could attract the wrong kind of buyer as it was where Amy passed away," a source says.

"Everyone is united in making it a success — the label, her family, friends and management. (Her father) Mitch (Winehouse) has big plans and needs a nice environment where employees will be able to carry out their work properly."

METRO

Divorce drama

J.Lo fights to keep twins

CUSTODY BATTLE. The "amicable" part of Jennifer Lopez and Marc Anthony's split is apparently done, as the inevitable custody battle has reportedly gotten underway with Lopez looking for sole custody of their infant twins, according to Us Weekly.

"They are always with their mom. Jennifer lights up around her kids. She's incredible, balancing work and being a good mom," a source says. METRO

The comeback trail ain't easy

MOVING ON AFTER HOUSE ARREST. Lindsay Lohan's plans for a big comeback with a role in the upcoming John Gotti biography aren't coming together as cleanly as previously thought, according to TMZ.

"The producers of the film and Lindsay's representation have not yet worked out an agreement for her to appear in the movie," a source close to the producers says.

Lindsay Lohan

Of course, deals haven't been inked for any of the stars involved, including Al Pacino and Kelly Preston, and Joe Pesci is now suing the producers after allegedly being given a smaller role and salary than originally promised.

METRO

Celebrity tweets

"Just realized I may have more framed pictures of pets than socially acceptable..."
@chriscolfer

"Somehow a double-A credit rating seems more American anyway."
@SethMacFarlane

"Today was the first time i parked in my reserved parking spot on Universal lot in 8 years!"
@EvaLongoria

"u know it's gonna b a good show when someone brings u rainbow colored rice krispie treats."
@katyperry

EXPERIENCE THE DERMAL DIFFERENCE THIS SUMMER
We set the standard for safe and effective skin care. It's why we are an award winning company.
TRY OUR EXCLUSIVE SUMMER OFFERS AND EXPERIENCE THE DERMAL DIFFERENCE:
• Buy any 3 bikini laser hair removal treatments and receive 3 underarm treatments FREE* (a $387 value)
• Enjoy a facial smoothing microdermabrasion for ONLY $69* (that's a $56 saving)
Call 604.638.SKIN (7546) for a complimentary consultation or visit dermallaser.com
Over 13 years experience | Medical-Grade FotoFacial RF™ | Medical-Grade Peels | Skin Tightening
Physician-directed BOTOX® and Dermal Fillers | Laser Hair Removal | Microdermabrasion | Latisse®
Dermal LASER CENTRES
*Offer expires Sept 3, 2011. Does not apply to physician services, physician directed services or injectables. Not valid with any other offer. Micros cannot be pre-purchased. Ask in-store for details.
WINNER: EXCELLENCE IN LASER HAIR REMOVAL CATEGORY

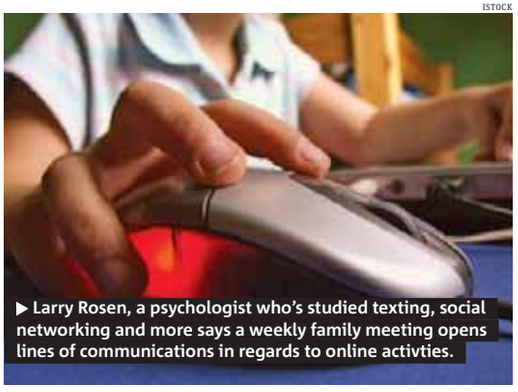
3 life

Quick, low-cost tests can accurately detect developmental delays in kids: study.

Cyberspace monitor kids the right way

Secretly spying on your kids' online activities is a waste of time, according to one psychologist's research

ISTOCK



▶ Larry Rosen, a psychologist who's studied texting, social networking and more says a weekly family meeting opens lines of communications in regards to online activties.

Parents who try to secretly monitor their kids' online activities are wasting their time and should use an approach that builds trust and allows for conversation, says a psychologist who has studied texting, social networking and other online pursuits.

The impact of social networking — the good and the bad — was the subject of a presentation Saturday by Larry Rosen, a psychology professor at California State University, Dominguez Hills, at a convention of the American Psychological Association in Washington.

In an interview beforehand, Rosen explained how parents can open up the lines of communication so they'll have a better idea of what their kids are up to in cyberspace.

The positive

As for the positive influences linked to social media, Rosen said they are a vehicle for kids and even older adults to "practise life."

▶ "If you are a shy person you can practise being more outgoing. If you are lonely you can practise connecting with people. If you are somebody who needs support, you could practise by asking for support and it's all done in the safety behind a screen."

Using a computer program to surreptitiously check on them won't work on children who have been raised with technology, he said. "If you try to monitor what they do online electronically, say by putting on some sort of a filter or some sort of electronic device that's going to monitor every keystroke they make or anything, a) they will figure it out, and b) they will find a workaround in five minutes or less," he said. "I've had kids prove to me they can do that."

And if they can't work around it, youngsters will go to a friend's house or use somebody else's computer or a smartphone.

He calls for a weekly family meeting of 15 minutes maximum, in which everyone sits on the floor — so everyone is on the same level — and a parent asks non-judgemental questions, such as, "Have you found any interesting websites?" or "Played any good games?" "And then you shut up and listen. Literally. And my rule of thumb is that for every minute a parent talks, you let the kids talk five minutes," he said.

"Your job then is to learn and to assess, and to now use your parent radar to see if there might be any problems."

Parents can go on to visit particular websites and ask specific questions at the next session. It's also a time when parents can raise the topic of cyberbullying. "They are going to get things said to them that hurt their feelings, they are going to see disturbing images. That's a reality. When they do, you want them to come to you, not go elsewhere."

THE CANADIAN PRESS

power of WOMEN
ENTERTAIN • INSPIRE • EMPOWER
LIVE IN VANCOUVER
August 12, 2011 | 9AM - 5PM | LIVE AT ROGERS ARENA
ellen DEGENERES
Call Today!
1.866.994.2555
www.powerofwomen.com
SOMERS MATLIN WOLFE LAROCHE ANTONETTI TUOHY
ELLEN DEGENERES, Television Icon, Entertainment Pioneer and Talk Show Host "The Ellen DeGeneres Show" - Keynote Presenter
SUZANNE SOMERS, Actress, Business Leader and Bestselling Author on Take Charge of Your Health and Live with Vitality
MARLEE MATLIN, Academy Award Winner, Author on Nobody's Perfect: Achieving Inclusion, Diversity & Access
COURTENAY WOLFE, Canadian President & CEO of Solido Capital on Success Strategies and Keys to Achieving Your Goals
LORETTA LAROCHE, Acclaimed Speaker, Author and Stress Management Consultant on How to Prevent Hardening of the Attitude - Reduce Stress in the Workplace
AMILYA ANTONETTI, Entrepreneur, Author and Business Leader on Authentic Leadership for Women in Business
LEIGH ANNE TUOHY, Business Leader and Bestselling Author on Every Team is a Family - The Power of Giving
Ideal for Client Hosting, Team Building & Staff Development
Presenting Sponsors
the Bay
COTY
Sponsored in part by:
AMERICAN EXPRESS
Churchill
judith & charles
CGA
Canoe
Jolera
NUGOFT
HRMA
CTV
CKNW AM980
BCBUSINESS
Please add HST and $7.50 service charge per transaction. All Sales Final. Speakers and date may be subject to change. *Limited time offer, applies only to General Tickets.

Lemony summer pasta

This dish uses lemon juice & fresh herbs to take flavour to another level

Fresh pasta coated with cream, cheese and fresh-from-the-garden herbs makes a spectacular and refreshing light side dish or entrée. Fresh herbs are essential in this recipe to give it full flavour.

Preparation:

1. In skillet, combine butter and sage; heat over medium-high heat, stirring constantly until butter melts and sage starts to sizzle. Add garlic; sauté for about 1 minute or until butter and garlic start to brown. Gradually pour in vegetable broth, cream and lemon juice; cook, stirring occasionally, for about 3 minutes or until slightly thickened. Stir in ricotta cheese and cook, stirring, until combined. Remove from heat.

Ingredients:

- 50 ml (1/4 cup) butter
- 30 ml (2 tbsp) chopped fresh sage
- 15 ml (1 tbsp) crushed garlic
- 175 ml (3/4 cup) vegetable broth
- 375 ml (1 1/2 cups) 35 per cent whipping cream
- 30 ml (2 tbsp) fresh lemon juice
- 250 ml (1 cup) fresh or frozen small green peas
- 250 ml (1 cup) ricotta cheese
- Salt and freshly ground pepper, to taste
- 500 g (1 lb) fresh linguini
- 125 ml (1/2 cup) grated Parmesan cheese
- 50 ml (1/4 cup) finely chopped fresh basil or mint

2. In a large pot of boiling salted water, cook pasta according to package directions or until desired doneness. Drain.

3. Add pasta to cream sauce in pan; toss to coat. Sprinkle with Parmesan and basil; toss to coat. Season with salt and pepper. Serve..

THE CANADIAN PRESS/ TED GIBSON

▶ This recipes makes four main dishes or six side dishes.

THE CANADIAN PRESS/ CHEF PAUL ROGALSKI OF CALGARY'S ROUGE RESTAURANT FOR DAIRY FARMERS OF CANADA

Rose Reisman's Swap It

You'll be surprised at how innocent shakes and blasts appear, especially since you think you're saving calories by not having standard ice cream treats.

MEDIUM BASKIN ROBBINS VANILLA SHAKE
980 CALS/ 45 G FAT/ 117 SUGAR

SWAP IT!

MEDIUM BASKIN ROBBINS CAPPUCCINO BLAST, BLENDED
410 CALS/ 13 G FAT/ 32 G SUGAR

VANILLA ICE CREAM AND MILK ADD UP IN CALORIES, FAT AND SUGAR. A MEDIUM VANILLA SHAKE IS EQUIVALENT TO 25 PIECES OF FERRERO ROCHER CHOCOLATES IN SUGAR.

THIS CAPPUCCINO BLAST IS MADE WITH SOFT ICE CREAM, WHICH REDUCES THE CALORIES AND FAT.

FOR MORE VISIT ROSEREISMAN.COM

ADVERTISING FEATURE

Practical Nurses Continue to Play Important Roles in BC's Healthcare System

Vancouver Career College is still accepting applications for the September start of its Practical Nursing program. This is a terrific opportunity for those looking to enter the growing healthcare field.

For the last several years Canadians have been concerned about the impact of an aging population on the country's healthcare system. As baby boomers enter retirement and more people require increased medical attention and healthcare assistance, the healthcare system is turning to licensed practical nurses (LPNs) to provide support in hospitals, long-term care facilities and care homes. Those looking for career opportunities in this high-demand field can gain the necessary education and credentials through Vancouver Career College's 51-week Practical Nursing program.

Students enrolled in the Practical Nursing diploma program will acquire with the theoretical knowledge and hands-on experience required on-the-job. Throughout the program, the college's industry experienced instructors will prepare students with the fundamentals of community health, gerontology and acute care.

"The Practical Nursing program at Vancouver Career College is an accredited program for dedicated individuals looking to play a role in our healthcare system," says Tara Moore, PN Coordinator at Vancouver Career College's Burnaby campus. "We offer courses in health, healing, nursing arts, human relationships, communication, and job search strategies that will help them in the field after graduation."

In addition, students complete several clinical practicum placements in a range of nursing fields and a final internship that will help ease their move into the professional world.

The Practical Nursing program meets the training standards established by the College of Licensed Practical Nurses of British Columbia (CLPNBC). Graduates will be prepared to write the Canadian Practical Nurse Registration Exam (CPNRE) and, upon passing, be eligible to apply for licensing with the CLPNBC.

Vancouver Career College is still accepting applications for the 51-week Practical Nursing program's September session at its campuses in Abbotsford, Burnaby and Kelowna. Program length may change for future sessions due to curriculum revisions.

If you're interested in learning more about the program call **1-866-306-6766** or visit **learn.vccollege.ca.** Join the conversation on Facebook **(Facebook.com/VancouverCareerCollege)** and Twitter **(Twitter.com/VCCollege).**

Reading up on eco-friendly

Canadian firm now making greener, better books **Taking a look at how to ensure a future for their readers**

BEN KNIGHT
GREEN@METRONEWS.CA

ISTOCK PHOTOS

▶ E-books and other digital platforms can pose environmental problems by using non-renewable resources.

Books are made of paper. Paper comes from trees. So how can a major book publishing company become environmentally friendly?

Scholastic Canada is one of this country's largest publishers — and distributors — of children's books and educational materials. The company has recently undertaken a broad range of eco-friendly initiatives, covering everything from the paper they use to the trucks that deliver their products.

"Books are not disposable or consumable products, used once and then thrown in the trash," says Wendy Graham, Scholastic's vice-president of education. "They are treasured, kept, shared, read and re-read, in homes, schools and libraries. Books, especially children's books, are very much re-used, and are also recyclable when they are worn out."

Adhering closely to guidelines from the Forest Stewardship Council (FSC), Scholastic has set some ambitious environmental standards. FSC paper is used whenever possible, and use of recycled materials is being pushed to the practical maximum.

"In whatever form we are producing books, we need to make sure that they are environmentally responsible and affordable for the masses," Graham says.

That's important, because newer publishing formats — e-books and other digital platforms — can also pose significant environmental problems.

"We need to realize that dedicated e-readers and the other small electronic devices on which digital books are read are created made from non-renewable resources: plastics, rare earths and other metals," notes Graham. "They are not easily recyclable when shiny new models come along."

The commitment to eco-friendly paper goes all the way to the copying machines in Scholastic's offices.

Biodegradable plastic is used in packaging, and all delivery companies — large and small — have to be running clean, fuel-efficient vehicles. All this is necessary, Graham concludes, because books will continue to be an essential, hugely important part of education and the preservation of human knowledge — far into the future.

"Printed books are a technology that will be with us for some time."

"The concrete, physical experience of a book remains important for young readers. Its tactile, visual and linear nature is perfectly suited to quiet sharing and learning, and the development of early literacy skills."

For more info, check out scholastic.ca.

BREAKING DOWN BIOPLASTIC PURCHASES

I recently bought a toothbrush made from bioplastic. Will it really break down in my backyard composter? ***Erin of Vancouver, BC***

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

It's possible, but I can't speak from experience.

Check the packaging to see if your toothbrush meets standards ensuring that it's certified as biodegradable and compostable.

You should notice a black and white logo with a leaf and an arrow that says "compostable."

This means it meets the Biodegradable Products Institute, or BPI, standards for compostability (ASTM 6400 D99 and ASTM 6868).

Some may also mention "European Bioplastics standards (EN 13432)."

In 1999, BPI created a certification program that requires the product to decompose within 60 to 180 days.

David Suzuki Foundation

FRASER PLACE APARTMENTS
11675 7th Ave., Steveston Village, Richmond
CAPREIT

1 MONTH FREE RENT!
• Central courtyard with gazebo and pond
• Heated Outdoor swimming pool, sauna & gym fitness centre, social/games room and a common barbecue area
• Underground and outdoor parking
• Waterfront beside Garry Point Park
1 bdrm from $915
1 bdrm + den $955
2 bdrm from $1090
www.caprent.com rentals@capreit.net 604-271-4012

WEEKEND TICKETS $149!
liveatsquamish.com
Virgin mobile PRESENTS
LIVE AT SQUAMISH
AUGUST 20 & 21
Girl Talk weezer METRIC
JOHN BUTLER TRIO
MAJOR LAZER EMILY HAINES & JAMES SHAW BLACK MOUNTAIN STARS · THE DUDES
KYPRIOS · SHAD · TOMMIE SUNSHINE
THE ZOLAS · BEND SINISTER · DOC MARTIN
SWEET THING · HEY OCEAN · MY!GAY!HUSBAND
KIM CHURCHILL · DUBTRIBE SOUND SYSTEM · GUILTY ABOUT GIRLS
SHE STOLE MY BEER · BRASSTRONAUT · SHANE KOYCZAN
THE PROPER VILLAINS · LUKE MCKEEHAN · THE BELLE GAME
SILENT DISCO BELMONT BARBERSHOP
GREEN COUCH STAGE VIRGIN MOBILE VIP
ARTISAN VILLAGE BURLESQUE DANCERS
WEEKEND TICKETS
$109 SOLD OUT
$119 SOLD OUT
$149 LIMITED QUANTITY
$179 COMING SOON
Virgin mobile IT'S BETTER TO BE A MEMBER
Kokanee Mikes 100.5 PEAK dose.ca mountain fm
metro SENNHEISER club zone.com SQUAMISH Red Bull

TANTUS TOWERS
810 St. Andrews Street, New Westminster, BC
CAPREIT

Ask about our move in bonus
Apartments have wonderful views of either the Fraser River and Mount Baker or the vibrant city of New Westminster.
• Spacious apartments.
• In/out parking
• Outdoor swimming pool.
• Locker storage.
Bachelor from $750
1 bedroom from $880
2 bedroom from $1,170
www.caprent.com rentals@capreit.net 604-521-7259

PARK ASTORIA
430 - 11th Street, New Westminster, BC
CAPREIT

Ask about our move in bonus
BACHELOR
Starting From: $750
1 BEDROOM
Starting From: $825
• Fitness Room
• Indoor & Outdoor Parking
• Laundry Room
• Dishwashers
www.caprent.com rentals@capreit.net 604-521-8831

RECOGNIZED
WORLDWIDE
→ FASHION DESIGN ← FASHION MERCHANDISING
→ JEWELLERY DESIGN ← INTERIOR DESIGN
← 2D/3D ANIMATION → GRAPHIC DESIGN
"STUDY AT OUR URBAN CAMPUS OR ONLINE"
lasallecollegevancouver.com
For over 50 years, LaSalle College International has been teaching creative minds and today is present in 18 different countries.
889 W. Pender Street
2nd floor, Vancouver
604 683-2006
LASALLE COLLEGE INTERNATIONAL
Member of the LaSalle International Network
OPEN HOUSE
August 10
from 9 a.m.
to 5 p.m.
Become a fan of LaSalle College International
facebook.com/lcivancouver

They've got little to wine about

Ken Fielding and his son Curtis' business — like their award-winning wine — is only getting better with age

HANDOUT

Curtis and Ken Fielding toast their success.

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

The accountant was blunt when Ken Fielding told him he was opening up a winery. "Are you mental? Why not just go out and buy a couple cases of wine?" But the one thing the accountant hadn't taken into consideration was the golden touch of business visionary Ken Fielding.

He got in on the ground floor when Subway Sandwiches started franchising and helped open 237 stores. His son Curtis was racing in the CASCAR circuit but during his off times would work on a farm. When his dad started talking about a winery Curtis was intrigued. That was six years ago and now Fielding Estate Winery is turning a profit, their wines are winning numerous awards and even the skeptical accountant is impressed.

As Ken prepares to hand the reins of the business over to Curtis he is looking towards the future and creating new ventures.

His advice? "Buy a franchise. You have to stick with it. A lot of people quit too soon."

From Subway Sandwiches and stock cars to award-winning Canadian wine, Ken and Curtis Fielding have taken the checked flag and are on their way to the winner's circle.

Good grapes

Ontario wine facts:

- The Grape and Wine sector generates more than $100 million in wages and salaries
- The wine industry generates $533 million in retail sales (2010)
- More than 1 million people visit Ontario wineries every year
- 90 per cent of Ontario's grapes are grown in the Niagara Pennisula
- More than 15 million grape vines are planted in Ontario

one thousand rivers
ACADEMY OF ARTS & LEARNING
Beautifully Unique
Courses & Sessions starting in September!
Children's Choirs (Ages 7-13), Group Guitar (All Ages), Singer / Songwriter Sessions, Theory & Composition, School Of Rock, Vocal Training (Classical Opera & Contemporary), Piano, Guitar, Bass, Drums, Fine Arts, Life Drawing, Fiber Arts, Knitting Circle, and more!
contact@onethousandrivers.com
www.onethousandrivers.com
778-861-5385
Vancouver B.C
10% off enrolment till September 5th (with this ad)

Setting a school precedent

As first-generation students, Muhammad Cheema and Zayan Rafeek are hoping to establish family traditions

DARREN CALABRESE/THE CANADIAN PRESS

▶ Muhammad Cheema, right, a first-year aerospace engineering student, and Zayan Rafeek, centre, a first-year business management student, take part in a pre-orientation workshop for first-year students at Ryerson University in Toronto.

Their future areas of study differ, but Muhammad Cheema and Zayan Rafeek share a common connection beyond friendship: each is a trailblazer within their families in the pursuit of higher learning.

Both bound for Toronto's Ryerson University in the fall, the pair will be among a distinct group of newcomers welcomed into the frosh fold, among the first in their families to make the leap to college or university.

Rafeek is enrolled in the business management program at Ryerson. The Canadian-born son of Sri Lankan immigrants, the 19-year-old said his father had to start working at an early age after Rafeek's grandfather passed away.

"(My parents) kept telling me ... life would be easier if they had continued their education," he recalled in a recent interview following First Year in 40 Minutes, a pre-orientation workshop at the university's downtown campus.

"(My father) would keep telling me, `Keep studying, keep studying, no matter what you do keep studying,"' he added. "I think that really motivated me to study hard. And getting into Ryerson, that was the biggest motivation."

"There is a sense of pride their son has gotten into university," said Rafeek, adding that his parents want him to be a role model for his 11-year-old brother.

The only male among five children, including a set of twin girls, Cheema shoulders similar expectations of setting an example for siblings.

"Money comes and goes, you can get better jobs, worse jobs, good times, bad times, but the personality that develops through education, there's no replacement for it." MUHAMMAD CHEEMA, UNIVERSITY-BOUND STUDENT

Cheema follows a lofty post-secondary precedent set by his sister, who is going into her third year of life sciences at the University of Toronto.

With aspirations as a child to go into the Air Force, the 18-year-old decided to pursue studies in a related field, and is heading into the aerospace engineering program.

Cheema recalled when his family departed their home country of Pakistan, his father, who worked as an administrator, had singled him out, telling his son he was leaving his work and life there behind for his benefit.

"With that on my shoulders, I'm entering into post-secondary, and it is a lot of pressure, but I guess I have to take it on," said Cheema. "I have to accept it, I have to be grateful for the opportunities it's given for me, it's provided for me."

Five years since arriving in Canada, he said it's been a "pretty smooth ride," learning English, hitting the books and mixing with others and forging friendships.

Despite his achievements to date, Cheema said education remains "basically every day's topic" on the home front, with the emphasis from his family on education leading to betterment.

"A person who has knowledge, a person who has not - the two can never compare," said Cheema. "Money comes and goes, you can get better jobs, worse jobs, good times, bad times, but the personality that develops through education, there's no replacement for it."

Part of Cheema and Rafeek's preview of campus life involved learning more about the university's Tri-Mentoring Program.

One aspect of the program involves matching first-year students with upper-year mentor students from the same faculty and program who share the same language and similar cultural and ethnic backgrounds. THE CANADIAN PRESS

Family values

- A study published in the Journal of International Migration and Integration in 2005 found that higher educational goals set by visible minority immigrant youth seem to be linked to educational values promoted in their families.
- The findings drew on data from the Youth in Transition Survey from Statistics Canada, and were used to explore the difference in goals for post-secondary education among 15-year-old students.

FUTURE BUSINESS LEADERS WANTED.

CMAs are leaders in strategic financial management. As a CMA, your future is unlimited. You will have increased earning potential, career advancement and stability.

Find out more about the CMA designation and the CMA QuickStart and CMA Accelerated Program at:

CMA INFORMATION SESSIONS

Thursday, August 11, 2011, 5:30 - 6:30 pm
Shangri-La Hotel, Blue Moon Theatre
1128 West Georgia, Vancouver

Every Thursday, 12:00 - 1:00 pm
CMA Office, Suite 1000
900 West Hastings Street, Vancouver

RSVP to Nicole Wears at nwears@cmabc.com, 604.484.7005, or visit cmabc.com.

CMA Certified Management Accountants™

®/™ Registered Trade-Marks/Trade-Marks are owned by The Society of Management Accountants of Canada. Used under license.

When not to go back to the books

Is the job hunt getting you down? Speeding back into school may not be your best for future success

DREW HINSHAW
LIFE@METRONEWS.CA

ISTOCK

▶ Blackboards or board meetings? Which to choose?

Nothing makes school look rosier than unemployment.

Somewhere between months one and eight of a fruitless job search, the grass on the campus lawn can appear blindingly green. But don't confuse school for a safehaven, an ivory tower to bunker in while you ride out the recession.

"There's certainly a lot of people who have chosen to do that in this economy," CareerBuilder.com advisor Allison Nawoj notes. That doesn't mean you should join the flock.

"First ask, 'Why are you thinking about going back to school?'" urges President Natascha F. Saunders of Youth Career Coaching. "If it's just, 'I can't find a job,' that's not good enough. You're spending so much time learning new curriculum that you're going to be frustrated if it's not truly a desire for you to get those additional skills."

Before you scoop out a second Stafford loan to cover two years' tuition, "take a few courses to test something out," Nawoj encourages. "There's all kinds of continuing education and evening courses offered at universities," she adds.

"Instead of enrolling at a formal program, that's a great way to get your feet wet and see if it's something you want to pursue."

If so, consider your spending habits—can you afford more university?—and your study habits: are you emotionally ready?

"People forget how you fall out of study mode," Saunders stresses. "When you've been away for a long period of time, it's hard to get started." "But if you feel like you're in that zone, ready to hit the books, then go for it," she adds.

Timing

At some point, you'll likely need a master's degree, Saunders says. The killer question is when.

"Find some key people in that particular sector and interview them: do they have an advanced degree and if so, when did they get it?" Saunders suggests.

"See some data, some facts, what is the norm, before you jump right into it. Map it out." "It's about planning ahead," Nawoj concludes.

"It certainly isn't, 'I don't know what I want to do, I just want to go back to grad school.'"

TRANSLINK

BOARD OF DIRECTORS

TransLink and its operating subsidiaries represent one of the largest organizations in British Columbia, with a combined work force of 7,000 people. Total revenues are expected to be in excess of $1 billion in 2011.

We are seeking directors to contribute seasoned business, leadership, community and operational perspectives to the Board of Directors of TransLink, the agency responsible for Metro Vancouver's regional transportation system. Resumes are sought from individuals with significant recent experience in a combination of the following areas: senior level board and senior management leadership experience in a complex organization; strategic application of information systems and commercialization of technology; regional and sub-regional land use planning and public processes; marketing and customer service; urban transportation and financing models; infrastructure expertise; intergovernmental relations; goods movement; and sustainability.

We welcome interest from qualified individuals with a passion for transportation, innovation and customer service who wish to be key contributors to the future direction of transportation in Metro Vancouver. Candidates have previous board governance experience in a complex organization, are financially literate, and possess the time and interest needed to actively participate on the board. All candidates should have a strong reputation within their respective professions, careers or communities and impeccable personal integrity.

Additional information regarding TransLink's Board of Directors can be obtained at www.translink.ca. To express your interest in this position, please email your resume to resumes@watsoninc.ca by August 19, 2011.

watson ADVISORS INC.

www.watsoninc.ca

GET CERTIFIED FOR A CAREER IN TOURISM AND HOSPITALITY

Please check our website for upcoming INFO SESSIONS

GREYSTONE COLLEGE

PART OF THE ILSC EDUCATION GROUP
www.greystonecollege.com
580 Granville Street
P. 604.682.3880

HILLTOP ACADEMY

FITNESS LEADERSHIP DIPLOMA PROGRAM

BECOME A PERSONAL TRAINER

- Receive Your Diploma In Under 5 Months
- Earn Up To $70/Hour
- Govt Financial Aid May Be Available

$100 New Balance Shoes Voucher to all Students

HILLTOP ACADEMY
(604) 930.8377
www.hilltopacademy.ca

PCTIA

World junior judgment underway

A final chore of summer camp for the coaches of Canada's junior men's hockey team was posting the names of the 47 invitees on a white board in order of preference.

That doesn't mean head coach Don Hay and his crew are going to get who they want.

The depth chart was to be assembled following yesterday's intra-squad game in Fort McMurray, Alta., to conclude the six-day camp.

But once the hockey season starts, those names will circulate around that white board, and NHL club commitments could cause some to disappear.

There was enough talent on display at the summer camp in Edmonton to indicate Canada can win gold at the 2012 world junior hockey championship starting Dec. 26 in Edmonton and Calgary.

How much of that talent will be available to Hay in December? He may be forced to look lower on the white board when he chooses about 35 for his selection camp in Calgary.

"You look at the high draft picks, the second-year players, there's a good possibility they might not be here so you have to evaluate," Hay said.

There are seven players eligible to play for Canada a second-straight year. They would provide valuable experience in a tournament for 18- and 19-year-olds. Goaltender Mark Visentin, defenceman Erik Gudbranson and forwards Brett Connolly, Sean Couturier, Quinton Howden, Ryan Johansen and Jaden Schwartz are all possible returnees.

THE CANADIAN PRESS

DARRYL DYCK/THE CANADIAN PRESS

▶ Eric Hassli, centre, celebrates his first-half goal against Chicago in Vancouver yesterday.

Striker Hassli walks through Fire unscathed

Whitecap moves into third place in MLS scoring with pair of goals in win

Eric Hassli has been enjoying some home cooking thanks to Swiss teammate Davide Chiumiento's visiting mother.

Yesterday, the big French striker feasted on the Chicago Fire by scoring two goals in the Vancouver Whitecaps' 4-2 victory in MLS action.

After his second goal, off a rebound from a Camilo free kick, Chiumiento and Hassli joined in a celebration.

"That was for her," Hassli said of Chiumiento's mom. "She's amazing."

Hassli got the Whitecaps off to a quick start with a goal in the first minute, then missed a penalty before giving Vancouver a 4-1 cushion.

4	2
WHITECAPS	FIRE

While the Whitecaps scored four times for the first time since their victory over Toronto FC in their first game of the season, their focus for this win was on defence.

"The whole team played really hard," Hassli said through an interpreter.

"We worked hard all week. The first objective was to work together."

Gershon Koffie, with his first MLS goal, and Camilo with his seventh of the season after turning on two defenders, were the other Vancouver scorers.

Koffie's goal came in the 24th minute and was a quick answer to Dominic Oduro's effort that tied the game 1-1. Second-half substitute Orr Barouch was the other Chicago scorer.

Vancouver's third victory of the season ended a six-game winless streak dating back to June 18, while Chicago now has two losses and six ties in their last eight games.

The Whitecaps, 3-11-9, are last in the Western Conference while Chicago, 2-7-13, which last won on June 12, are the Eastern Conference doormats.

The expansion Whitecaps were coming off their worst loss of the season, a 4-0 home defeat to the LA Galaxy on July 30. They put that disappointment behind them quickly when they took an early lead against the Fire before 18,714 fans.

THE CANADIAN PRESS

Tiger's ex-caddie basks in Scott's win

MARK DUNCAN/THE ASSOCIATED PRESS

▶ Caddie Steve Williams, left, hugs Adam Scott yesterday in Akron, Ohio.

Adam Scott hit all the right shots yesterday in a round that was close to flawless and earned him his first World Golf Championship title.

He celebrated with a caddie who has won quite a few more.

Steve Williams, fired last month by Tiger Woods after a 12-year partnership, felt like a bigger winner when Scott rolled in one last birdie for a 5-under 65 and a four-shot victory in the Bridgestone Invitational.

Williams, who carried Woods' bag for 72 wins — including 13 majors and 16 world titles — called it "the best win of my life."

It was Scott who hit the shots, such as a chip-in for birdie on the 12th and a birdie putt just inside 30 feet on the 14th that enabled him to pull away from 19-year-old Ryo Ishikawa over the final hour at Firestone.

"Today, I was on," Scott said. "To win here at this place, a World Golf Championship, it's huge."

THE ASSOCIATED PRESS

18

After missing three months with a leg injury, Tiger Woods finished a tournament for the first time since the Masters in April. He finished tied for 37th, 18 shots behind Scott.

4 sports

Quoted

"Now I know I can stick and I can play with these guys. I knew I could before, but it's just a question of me getting the opportunity."

LANGLEY'S BRETT LAWRIE, WHO HIT HIS FIRST MAJOR-LEAGUE HOME RUN IN THE TORONTO BLUE JAYS' 7-2 WIN IN BALTIMORE YESTERDAY. LAWRIE MADE HIS MLB DEBUT FRIDAY AGAINST THE ORIOLES AND DURING A MEMORABLE SERIES GOT HIS FIRST BIG-LEAGUE HIT AND HIS FIRST HOME RUN WITH A BATTING AVERAGE OF .455.

Scan code for more sports.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	70	43	.619	—
New York	69	44	.611	1
Tampa Bay	59	54	.522	11
Toronto	58	56	.509	12½
Baltimore	44	67	.396	25

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	61	53	.535	—
Cleveland	56	56	.500	4
Chicago	55	58	.487	5½
Minnesota	51	63	.447	10
Kansas City	49	65	.430	12

WEST DIVISION

	W	L	Pct	GB
Texas	64	51	.557	—
Los Angeles	63	52	.548	1
Oakland	51	63	.447	12½
Seattle	49	64	.434	14

Yesterday's results
Toronto 7 Baltimore 2
Oakland 5 Tampa Bay 4 (10 ings)
Chicago White Sox 7 Minnesota 0
Kansas City 4 Detroit 3
L.A. Angels 2 Seattle 1
Texas 5 Cleveland 3
Boston 3 N.Y. Yankees 2 (10 ings)
Saturday's results
Boston 10 N.Y. Yankees 4
Baltimore 6 Toronto 2
Chicago White Sox 6 Minnesota 1
Detroit 4 Kansas City 3
Oakland 8 Tampa Bay 0
Cleveland 7 Texas 5
Seattle 5 L.A. Angels 1
Tonight's games
All Times Eastern
Chicago White Sox (Danks 4-9) at Baltimore (Guthrie 5-15), 7:05 p.m.
Boston (Wakefield 6-4) at Minnesota (S.Baker 8-6), 7:10 p.m.
Kansas City (Hochevar 8-8) at Tampa Bay (Hellickson 10-7), 7:10 p.m.
Seattle (Furbush 2-3) at Texas (M.Harrison 9-8), 8:05 p.m.
Tomorrow's games
Chicago White Sox at Baltimore, 7:05 p.m.
Detroit at Cleveland, 7:05 p.m.
L.A. Angels at N.Y. Yankees, 7:05 p.m.
Oakland at Toronto, 7:07 p.m.
Kansas City at Tampa Bay, 7:10 p.m.
Seattle at Texas, 8:05 p.m.
Boston at Minnesota, 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	74	40	.649	—
Atlanta	66	49	.574	8½
New York	56	57	.496	17½
Florida	55	59	.482	19
Washington	55	59	.482	19

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	65	50	.565	—
St. Louis	62	53	.539	3
Cincinnati	55	59	.482	9½
Pittsburgh	54	59	.478	10
Chicago	49	66	.426	16
Houston	37	77	.325	27½

WEST DIVISION

	W	L	Pct	GB
San Francisco	63	52	.548	—
Arizona	62	52	.544	½
Colorado	53	62	.461	10
Los Angeles	52	61	.460	10
San Diego	51	64	.443	12

Yesterday's results
Atlanta 6 N.Y. Mets 5
St. Louis 8 Florida 4
San Diego 7 Pittsburgh 3
Milwaukee 7 Houston 3
Cincinnati 8 Chicago Cubs 7
Washington 3 Colorado 2
San Francisco 3 Philadelphia 1
Arizona 4 L.A. Dodgers 3
Saturday's results
Chicago Cubs 11 Cincinnati 4
Philadelphia 2 San Francisco 1
Milwaukee 7 Houston 5
San Diego 13 Pittsburgh 2
N.Y. Mets 11 Atlanta 7
St. Louis 2 Florida 1
L.A. Dodgers 5 Arizona 3
Colorado 15 Washington 7
Tonight's games
All Times Eastern
Atlanta (D.Lowe 6-10) at Florida (Hand 1-3), 7:10 p.m.
Colorado (Hammel 6-11) at Cincinnati (H.Bailey 6-5), 7:10 p.m.
San Diego (Stauffer 7-8) at N.Y. Mets (Pelfrey 6-9), 7:10 p.m.
Washington (Wang 0-2) at Chicago Cubs (Garza 5-8), 8:05 p.m.
Houston (W.Rodriguez 7-8) at Arizona (D.Hudson 11-7), 9:40 p.m.
Philadelphia (Halladay 14-4) at L.A. Dodgers (Kuroda 7-13), 10:10 p.m.
Pittsburgh (Morton 8-6) at San Francisco (Vogelsong 9-1), 10:15 p.m.

BLUE JAYS 7, ORIOLES 2

Toronto	ab	r	h	bi	Baltimore	ab	r	h	bi
RDavis lf	5	1	0	0	Andino ss	4	0	1	0
YEscor ss	5	0	1	0	Markks rf	3	0	1	0
Bautist rf	5	0	1	2	AdJons cf	4	0	0	0
Lind dh	5	0	0	0	Guerrr dh	4	0	0	0
Encrnc 1b	4	2	3	0	MrRynl 1b	3	2	2	2
Rasms cf	4	1	2	0	ReimId lf	3	0	0	0
Arencii c	4	1	1	2	Tatum c	3	0	0	0
JMcDnl 2b	4	0	3	2	J.Bell 3b	3	0	0	0
Lawrie 3b	4	2	2	1	Clzturs 2b	1	0	0	0
					BDavis 2b	2	0	1	0
Totals	**40**	**7**	**13**	**7**	**Totals**	**30**	**2**	**5**	**2**

Toronto	002	301	010 — 7
Baltimore	000	010	100 — 2

E—J.Bell (1). DP—Toronto 2. LOB—Toronto 6, Baltimore 2. 2B—Bautista (19), Encarnacion (28), Rasmus (4), Arencibia (13), Jo.McDonald (6), Andino (12), B.Davis (3). HR—Lawrie (1), Mar.Reynolds 2 (26). SB—R.Davis (34). CS—Jo.McDonald (4).

Toronto	IP	H	R	ER	BB	SO
R.Romero W,10-9	8	4	2	2	0	5
Janssen	1	1	0	0	0	1
Baltimore						
Simon L,3-5	5 2-3	10	6	4	0	3
Bergesen	3	3	1	1	0	4
M.Gonzalez	1-3	0	0	0	0	0

HBP—by R.Romero (Markakis).
Umpires—Home, Bob Davidson; First, Lance Barrett; Second, Brian Knight; Third, Jerry Layne.
T—2:25. A—13,824 (45,438).

SATURDAY

ORIOLES 6, BLUE JAYS 2

Toronto	ab	r	h	bi	Baltimore	ab	r	h	bi
YEscor ss	3	0	0	0	Andino ss	3	2	0	1
EThms lf	4	0	0	0	Markks rf	4	0	0	0
Bautist rf	3	0	0	1	AdJons cf	4	1	2	4
Lind 1b	4	0	1	0	Guerrr dh	3	0	0	0
Encrnc dh	3	0	1	0	Wieters c	3	0	0	0
Rasms cf	3	1	1	1	MrRynl 1b	3	0	0	0
A.Hill 2b	3	0	0	0	ReimId lf	3	1	1	0
JMolin c	2	1	0	0	J.Bell 3b	2	1	0	0
Lawrie 3b	3	0	1	0	BDavis 2b	3	1	1	0
Totals	**28**	**2**	**4**	**2**	**Totals**	**28**	**6**	**4**	**5**

Toronto	010	001	000 — 2
Baltimore	000	004	02x — 6

E—Rasmus (1), Y.Escobar (10). DP—Baltimore 2. LOB—Toronto 2, Baltimore 0. HR—Rasmus (1), Ad.Jones (20). SF—Bautista.

Toronto	IP	H	R	ER	BB	SO
Morrow L,8-6	7 2-3	4	6	3	1	6
Camp	1-3	0	0	0	0	0
Baltimore						
Tillman W,3-4	7	4	2	2	1	5
Ji.Johnson H,15	1	0	0	0	0	2
Gregg	1	0	0	0	0	0

HBP—by Morrow (Andino), by Tillman (Y.Escobar).
Umpires—Home, Jerry Layne; First, Bob Davidson; Second, Lance Barrett; Third, Brian Knight.
T—2:09. A—19,396 (45,438).

GOLF

WGC BRIDGESTONE INVITATIONAL
At Akron, Ohio
Par 70
Final Round

Adam Scott, $1,400,000	62-70-66-65—263
Rickie Fowler, $665,000	68-64-69-66—267
Luke Donald, $665,000	68-69-64-66—267
Jason Day, $332,500	63-70-66-69—268
Ryo Ishikawa, $332,500	67-68-64-69—268
Kyung-tae Kim, $215,000	66-72-66-66—270
Zach Johnson, $215,000	70-68-64-68—270
Rory McIlroy, $215,000	68-68-67-67—270
Lee Westwood, $152,500	67-71-68-65—271
David Toms, $152,500	68-68-68-67—271
Aaron Baddeley, $117,333	68-70-69-65—272
Fredrik Jacobson, $117,333	68-66-67-71—272
Martin Laird, $117,333	66-67-67-72—272

PGA RENO-TAHOE OPEN
At Reno, Nev.
Par 72 — Final Round

Scott Piercy, $540,000	72-70-61-70—273
Pat Perez, $324,000	73-68-65-68—274
Steve Flesch, $174,000	68-69-70-68—275
Blake Adams, $174,000	67-72-67-69—275
Jim Renner, $120,000	74-69-65-68—276
Matt McQuillan, $97,125	**71-69-71-66—277**
Ben Martin, $97,125	68-72-68-69—277
Steve Elkington, $97,125	73-65-68-71—277
Nick O'Hern, $97,125	65-72-69-71—277
Billy Horschel, $69,000	71-70-70-67—278
Bryce Molder, $69,000	72-71-68-67—278
Hunter Haas, $69,000	70-67-72-69—278
Michael Letzig, $69,000	70-69-70-69—278
Josh Teater, $69,000	72-67-66-73—278
Also	
Stephen Ames, $7,131	**71-72-69-73—285**

NATIONWIDE COX CLASSIC
At Omaha, Neb.
Par 71 — Final Round

J.J. Killeen	66-64-63-69—262
Jonas Blixt	69-67-63-64—263
Ken Duke	66-63-68-66—263
Gary Christian	72-62-64-65—263
Danny Lee	64-67-66-66—263
Also	
Bryan DeCorso	**72-64-64-69—269**
Richard T. Lee	**70-65-71-67—273**

CHAMPIONS 3M CHAMPIONSHIP
At Blaine, Minn.
Par 72 — Final Round

Jay Haas, $262,500	64-69-68—201
Kenny Perry, $128,333	66-70-66—202
Tom Lehman, $128,333	65-69-68—202
Peter Senior, $128,333	65-67-70—202
Also	
Jim Rutledge, $11,834	**72-70-67—209**
Rod Spittle, $11,834	**65-72-72—209**

CFL

WEEK SIX

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	6	5	1	0	152	113	10
Montreal	6	4	2	0	195	152	8
Hamilton	6	3	3	0	152	144	6
Toronto	6	1	5	0	128	178	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	6	5	1	0	169	127	10
Calgary	6	4	2	0	149	137	8
B.C.	6	1	5	0	150	172	2
Saskatchewan	6	1	5	0	112	184	2

Saturday's result
Calgary 32 Hamilton 20
Friday's results
B.C. 24 Saskatchewan 11
Winnipeg 28 Edmonton 16
Thursday's result
Montreal 36 Toronto 23

SATURDAY

TICATS 20 AT STAMPEDERS 32
At Calgary
First Quarter
Cal — TD Taylor 25 pass from Burris (Paredes convert) 4:09
Ham — FG Medlock 52 7:34
Cal — FG Paredes 35 10:49
Ham — TD Stala 7 pass from Glenn (Medlock convert) 12:56
Second Quarter
Ham — TD Cobourne 6 run (Medlock convert) 9:01
Cal — FG Paredes 21 13:00
Ham — FG Medlock 42 15:00
Third Quarter
Cal — TD Reynolds 1 run (Paredes convert) 5:32
Cal — Single Dales 74 8:29
Cal — FG Paredes 35 12:28
Fourth Quarter
Cal — Single Paredes 54 2:17
Cal — TD Cornish 3 run (Paredes convert) 13:59

Hamilton	**10**	**10**	**0**	**0**	**20**
Calgary	**10**	**3**	**11**	**8**	**32**

Attendance — 29,307.
TEAM STATISTICS

	Ham	Cal
First downs	21	25
Yards rushing	71	88
Yards passing	211	341
Total offence	282	429
Team losses	0	2
Net offence	282	427
Passes made-tried	20-34	27-39
Return yards	74	147
Intercepts-yards by	0-0	1-0
Fumbles-lost	0-0	0-0
Sacks by	0	0
Punts-average	8-42.8	5-54.4
Penalties-yards	7-81	6-92
Time of possession	26:32	33:28

Net offence is yards passing, plus yards rushing, minus team losses such as yards lost on broken plays.
INDIVIDUAL STATISTICS
Rushing: Ham — Cobourne 15-67, Glenn 1-2, Porter 1-2; Cal — Reynolds 10-41, Burris 2-22, Cornish 4-19, Tate 3-6.
Receiving: Ham — Kelly 5-92, C.Williams 6-48, Stala 3-31, Brown 1-13, Thigpen 2-8, Cobourne 1-8, Mackay 1-7, Grant 1-4; Cal — Lewis 7-87, Forzani 2-68, Reynolds 4-47, Cornish 2-44, Taylor 4-37, Arthur, 3-25, Bryant 3-13, Talley 1-12, Parker 1-8.
Passing: Ham — Glenn 20-34, 211 yards, 1 TD, 1 int; Cal — Burris 27-39-341-1-0.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	23	9	7	7	24	22	34
Philadelphia	22	8	5	9	27	20	33
Kansas City	23	7	7	9	32	30	30
New York	24	6	6	12	37	33	30
Houston	23	6	7	10	28	28	28
D.C. United	21	6	6	9	29	33	27
New England	23	4	10	9	22	33	21
Toronto	25	3	11	11	24	46	20
Chicago	22	2	7	13	23	30	19

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	25	13	3	9	35	20	48
Dallas	24	12	6	6	31	24	42
Seattle	24	11	5	8	35	27	41
Colorado	25	9	6	10	35	31	37
Real Salt Lake	21	10	5	6	30	16	36
Chivas USA	23	7	8	8	30	26	29
Portland	22	7	10	5	28	35	26
San Jose	23	5	8	10	25	30	25
Vancouver	23	3	11	9	25	36	18

Note: Three points for a win, one for a tie.
Last night's result
Vancouver 4 Chicago 2
Saturday's results
Toronto 3 D.C. United 3
Chivas USA 3 New England 2
Houston 1 Philadelphia 1
Los Angeles 3 Dallas 1
Portland 1 San Jose 1
Real Salt Lake 3 New York 0
Seattle 2 Kansas City 1

ENGLAND

PREMIER LEAGUE
COMMUNITY SHIELD
Yesterday's result
At Wembley Stadium
Manchester City 2 Manchester United 3

LEAGUE CHAMPIONSHIP
Yesterday's result
West Ham 0 Cardiff 1

FRANCE

LIGUE 1
Yesterday's results
Bordeaux 1 Saint-Etienne 2
Dijon 1 Rennes 5

GERMANY

BUNDESLIGA
Yesterday's results
Bayern Munich 0 Borussia Moenchengladbach 1
Mainz 2 Bayer Leverkusen 0

SCOTLAND

PREMIER LEAGUE
Yesterday's results
Aberdeen 0 Celtic 1
Motherwell 1 Hearts 0

UNDER-20 WORLD CUP

FIRST ROUND
GROUP C
Saturday's results
At Pereira, Colombia
Ecuador 3 Costa Rica 0
At Manizales, Colombia
Spain 5 Australia 1
GROUP D
Saturday's results
At Pereira, Colombia
Nigeria 2 Saudi Arabia 0
At Armenia, Colombia
Guatemala 1 Croatia 0

TENNIS

WTA MERCURY INSURANCE OPEN
At Carlsbad, Calif.
Singles — Championship
Agnieszka Radwanska (3), Poland, def. Vera Zvonareva (1), Russia, 6-3, 6-4.
Doubles — Championship
Kveta Peschke, Czech Republic, and Katarina Srebotnik (1), Slovenia, def. Raquel Kops-Jones and Abigail Spears, U.S., 6-0, 6-2.

ATP LEGG MASON CLASSIC
At Washington
Singles — Championship
Radek Stepanek, Czech Republic, def. Gael Monfils (1), France, 6-4. 6-4.
Doubles — Championship
Michael Llodra, France, and Nenad Zimonjic (3), Serbia, def. Robert Lindstedt, Sweden, and Horia Tecau, Romania, 6-7 (3), 7-6 (6), 10-7 tiebreak.

ATP BET-AT-HOME CUP KITZBUEHEL
At Kitzbuehel, Austria
Singles — Championship
Robin Haase, Netherlands, def. Albert Montanes, Spain, 6-4, 4-6, 6-1.
Doubles — Championship
Daniele Bracciali, Italy, and Santiago Gonzalez (4), Mexico, def. Franco Ferreiro and Andre Sa, Brazil, 7-6 (1), 4-6, 11-9.

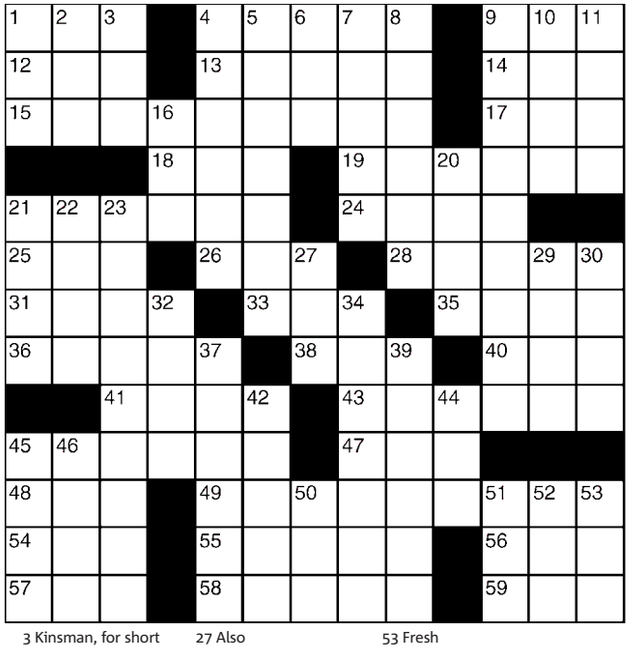
ODLUM BROWN VANOPEN
At Vancouver
MEN
Singles — Championship
James Ward (5), Britain, def. Robby Ginepri, U.S., 7-5, 6-4.
Doubles — Championship
Treat Conrad Huey, Philippines, and Travis Parrott (2), U.S., def. David Martin, U.S., and Jordan Kerr, Australia, 6-2, 1-6, 16-14.
WOMEN
Singles — Championship
Aleksandra Wozniak, Blainville, Que., def. Jamie Hampton, U.S., 6-3, 6-1.

CYCLING

TOUR DE POLOGNE
At Krakow, Poland
Seventh (Final) Stage
128 kilometres
1. Marcel Kittel, Germany, Skil-Shimano, two hours, 50 minutes, zero seconds; 2. Peter Sagan, Slovakia, Liquigas, same time; 3. Howard Leigh, Australia, HTC-Highroad, s.t.; 4. Heinrich Haussler, Australia, Garmin-Cervelo, s.t.; 5. Marco Marcato, Italy, Vacansoleil-DCM, s.t.; 6. Lucas Sebastian Haedo, Argentina, Saxo Bank SunGard, s.t.; 7. Nikolay Trussov, Russia, Katusha, s.t.; 8. Ian Stannard, Britain, Sky ProCycling, s.t.; 9. Jan Bakelants, Belgium, Omega Pharma-Lotto, s.t.; 10. Sergey Lagutin, Uzbekistan, Vacansoleil-DCM, s.t.
OVERALL STANDINGS
(final after seven stages)
1. Peter Sagan, Slovakia, 26 hours, 39 minutes, 58 seconds; 2. Marco Marcato, Italy, 26:40:06; 3. Daniel Martin, Ireland, 26:40:06; 4. Wout Poels, Netherlands, 26:40:23; 5. Peter Kennaugh, Britain, 26:40:25; 6. Rinaldo Nocentini, Italy, 26:40:28; 7. Bartosz Huzarski, Poland, 26:40:28; 8. Christophe Riblon, France, 26:40:28; 9. Stephen Cummings, Britain, 26:40:28; 10. Marek Rutkiewicz, Poland, 26:40:32.

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

Crossword



Across

1 Bar bill
4 Perspire
9 Use a crowbar
12 Knight's address
13 Actress Berry
14 Fish eggs
15 Alternative to a jail term
17 Eggs
18 Rhyming tribute
19 Vacuum brand
21 Salt companion
24 Opposed to
25 "— Town"
26 Congeal
28 Cord fiber
31 Cattle drive tool
33 Pooch
35 Location
36 Couches
38 Sphere
40 End for ball or bass
41 Western state
43 Basketball's Mr. Mourning
45 PBS "Street"
47 Extinct bird
48 Spoon-bender Geller
49 Raise accompaniment, often
54 Id counterpart
55 Bounded along
56 That girl
57 Boxing promoter King
58 Contest submission
59 Cut the grass

Down

1 Recipe meas.
2 Atmosphere
3 Kinsman, for short
4 Sunglasses
5 Irrigated
6 Inventor Whitney
7 Hawaiian greeting
8 Mortises' mates
9 Conditional stipulation
10 Wander
11 365 days
16 Jazz style
20 Elevator name
21 Bursts
22 Modern-day money
23 Lavish supply
27 Also
29 The gamut
30 Letterman rival
32 Information
34 "Frasier" star Kelsey
37 Taste
39 Sanguinary
42 Egret's cousin
44 Cheerios ingredient
45 Took to court
46 Therefore
50 Choose
51 Doctrine
52 Discoverer's call
53 Fresh

▶ Friday's answer

Yesterday's answer

Sudoku

6			2	3	7			9
					8	3		
	8	3	5			2		
2	6		1		5	9		8
3								5
7		5	3		9		4	2
		6			1	5	2	
		9	7					
8			6	4	2			3

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

2	7	5	8	1	4	9	6	3
6	9	8	7	3	5	4	1	2
3	4	1	6	9	2	7	8	5
5	8	3	9	4	7	1	2	6
7	1	9	5	2	6	3	4	8
4	6	2	3	8	1	5	7	9
8	5	7	1	6	3	2	9	4
1	2	6	4	5	9	8	3	7
9	3	4	2	7	8	6	5	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Abiw, Te extrano mucho siempre. You are the love of my life and I cannot wait to see you in less than 5 days! You are amazing, and worth the wait. No matter how far and how long the distance, I love you forever. I can't wait to be your wife! xoxoxo, tu amor.
TANS

Mi linda BB! My sister and bestfriend, in less than a week we will be in the DR for your beautiful destination wedding. I wish you infinite happiness and blessings. I am proud of you in every way. TQM Pelotita!
BB

So how is Ottawa treating you these days? Miss you and hope to see you soon in Calgary. cheers..))
FROM ONE WHO HAS CRUSH ON YOU

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Certain people will start playing emotional games over the next 24 hours, but now that you know that, you will be able to avoid getting emotional yourself.

♉ Taurus April 21-May 21 You must not allow others to restrict the way you do things.

♊ Gemini May 22-June 21 Love and laughter are what you need most.

♋ Cancer June 22-July 22 Try not to get so bogged down in your work that loved ones start to wonder if you no longer want them around.

♌ Leo July 23-Aug.23 No one expects you to be perfect, so don't expect it of yourself.

♍ Virgo Aug. 24- Sept. 22 Someone in a position of power, someone whose support you are going to need in the future, can be and should be flattered shamelessly today.

♎ Libra Sept. 23-Oct. 23 Put the finishing touches to something you started a long time ago, then move on to something new.

♏ Scorpio Oct. 24-Nov. 22 Focus on what makes you smile.

♐ Sagittarius Nov. 23-Dec. 21 Make sure your own actions are above reproach.

♑ Capricorn Dec. 22-Jan. 20 Make an effort to stay on good terms with people whose position and influence could be of value to you in the future.

♒ Aquarius Jan. 21-Feb. 18 Do only what feels right to you.

♓ Pisces Feb. 19-March 20. If you let your heart rule your head today there is a danger you could lose out financially.

SALLY BROMPTON

Caption contest

THE SOUTHWEST TIMES RECORD, KAIA LARSEN/ AP

PAUL CHIASSON/THE CANADIAN PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

FLIGHT CENTRE Unbeatable
Harrison Hot Springs 2 Nights
from $189
taxes & fees included
INCLUDES Harrison Lake accom.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Price is stated as land only, per person and based on double occupancy for full duration of stay unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and/or HST and fuel supplements and are approximate and subject to change. BC REG: #H02790

Canadian Health Care Academy
Register Now For Fall Courses
Call for details: 604.540.2421
info@chcabc.com • www.chcabc.com
052411

BIG SUMMER SALE!!
AUGUST 8TH-14TH • 50% OFF MAGAZINES & BOOKS
PURCHASE $50* OR MORE & RECEIVE 50% OFF!!
*Not including tax. This sale can not be combined (Limit up to 50% OFF), and excludes new books, newspaper and new gaming consoles.
BOOK-OFF VANCOUVER STORE
636 HORNBY ST. 604-605-8887
A NEVER BEFORE SEEN USED BOOK STORE!
OPEN 7 DAYS A WEEK • 10am - 8pm

VancouverGold.ca

Your Local Vancouver Gold Buyer

Honest • Friendly • Fully Licensed • Highest Buying Prices
We Buy Silver, Diamonds, and Coins too!

SURREY LOCATION Now Open!

Member of RCBC

RCBC

GOLD PRICES are... HEATING UP THIS SUMMER!

ITEMS WE BUY

GOLD AND SILVER, DIAMONDS, PLATINUM,
Jewellery, Bars and Bullion, Coins, Watches, Nuggets, Dental Gold, Sterling Flatware

TIP #1 FOR SELLING YOUR GOLD

Avoid buyers who refuse to post prices, especially pawns shops and jewellery stores. They frequently offer unreasonably low prices if they suspect a customer doesn't know the value of their gold.

AS FEATURED ON...

Global BC & National
CTV BC & National
CBC National News

Visit www.vancouvergold.ca to view the clips!

WHAT WE PAY

No-Haggle Price Guarantee

Since we offer our very best prices upfront, there's no need for stressful negotiations. We'll automatically offer you the best pricing. We're so confident in our prices and service, that if you get a higher offer for your jewellery, we'll pay you 50% more than the difference.
Terms and Conditions can be found at **www.VancouverGold.ca**

Karat|Price/gram

1oz Maple Leaf Coin (9999)	$1534/coin
999 Gold Coins and Bars	$46.99
24k Jewellery	$37.90
22k	$34.74
East Indian and Nuggets	$30.80
18k	$28.43
14k and dental	$22.11
10k	$15.79
.925 Sterling Silver	$0.73

We also offer refining services for large and dental lots.
Please contact us for fee and payout information.

Example Purchase 1:

Purity: 14k • Weight: 193.50g
PRICE: $4278.29

Example Purchase 2:

Purity: 24k • Weight: 6.42g
PRICE: $243.32

Additional Pricing

Gold Coins

Gold Coins Under 24kt (Per Gram of Gold)	$44.54/gram
Maple Leaf Coins under 1 ounce	$49.79/gram
999 Gold Bars under 1 ounce	$46.12/gram
Silver Maple	$38.09/coin
Silver Bullion	$36.10/ounce

Silver

Unrecognized Silver bars 1 ounce or more	$0.95/gram
Stamped Sterling Silver	$0.71/gram
Stamped .800 Silver	$0.62/gram
Unstamped Solid Silver	$0.51/gram

Canadian Silver Coins

Coins from 1966 or earlier	18.2 Times Face Value
Coins from 1967	14.2 Times Face Value
Coins from 1968	11.0 Times Face Value

American Silver Coins

Coins from 1964 or ealier	19.7 Times Face Value

Platinum

Platinum Jewellery (stamped 950)	$33.85/gram
999 Platinum Coins	$42.99/gram

*Canadian Dollars
Last Update 8/05/2011

604.764.5134

254 West Broadway, Vancouver
(2 blocks East of the Broadway & Cambie Canada Line Station)
Mon-Fri 9am-6pm, Sat 10am-5pm, Sun 11am-4pm

604.582.4653

120-10362 King George Hwy, Surrey
(London Station Mall - next to London Drugs & near the Surrey Central Skytrain)
Mon-Fri 9am-5pm, Sat 11am-4pm

www.vancouvergold.ca